Social Work

Make a Difference.
Inspire Change.
The primary mission of the social work profession is to enhance human well-being and help meet the basic needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed and living in poverty.

The undergraduate social work major at UNI prepares students for beginning level professional social work practice.

By choosing to get your BSW from UNI, you’re opting into a program accredited by the Council on Social Work Education.

That means you’ll be eligible to complete your master’s program at UNI in just one year after getting your BA, through our Advanced Standing Program.

Clinical social workers must have a master’s degree in social work, two years of post-master’s experience in a supervised clinical setting and be licensed.

The median annual wage for social workers was $50,470 in May 2019. The lowest 10 percent earned less than $31,790, and the highest 10 percent earned more than $82,540.

Overall employment of social workers is projected to grow 16% from 2016 to 2026, much faster than the average for all occupations.
WHERE DO SOCIAL WORKERS WORK?

**ADDACTIONS PREVENTION & TREATMENT**
- Community Programs, Inpatient, Outpatient

**AGING / GERONTOLOGY**
- Nursing Homes, Skilled Care, Behavior Health Units, Memory Units, Community Based Care

**CHILDREN, ADOLESCENT & FAMILY SERVICES**
- Early Childhood, Parenting, Protective Services, Case Management, Home Based Services, Community Programming, Shelters, Residential

**CRIMINAL JUSTICE SYSTEM**
- Legal Aid, Probation, Parole, Work Release, Residential, Prisons

**DOMESTIC VIOLENCE / PREVENTION / HOUSING**
- Shelters, Preventive Services, Sexual Assault Advocacy and Treatment

**EDUCATIONAL SETTINGS**
- Schools, At-risk Programming, Post-Secondary Support Services

**MEDICAL / HEALTH CARE**
- Hospitals, Hospice, Family Practice Clinics, Public Health

**MENTAL HEALTH SERVICES**
- Inpatient, Outpatient, Home-based, Community Education

**PERSONS WITH DISABILITIES**
- Independent Living, Supported Community Living, Residential, Employment

**REFUGEE / IMMIGRANT SERVICES**
- Advocacy, Community Development, Education, Transitional Housing, Refugee Resettlement

**VETERAN SERVICES**
- Inpatient, Outpatient Clinic, Medical, Community Resource and Referral, Case Management
WHERE DO UNI ALUMNI WORK?

**AGING / GERONTOLOGY**
- Aging Services for Linn County: Cedar Rapids
- Barthell Eastern Star Home: Decorah
- Elderbridge Agency on Aging: Mason City
- Northcrest Specialty Care: Waterloo
- Northeast Iowa Area Agency on Aging: Waterloo

**CHILDREN, ADOLESCENT & FAMILY SERVICES**
- Lutheran Services in IA: Ames, Muscatine, Waterloo, Waverly
- ISU Extension Education/Linn County: Cedar Rapids
- Bethany Christian Services: Cedar Rapids
- Four Oaks: Cedar Rapids, Independence, Mason City
- Tanager Place: Cedar Rapids
- Heartland Family Services: Council Bluffs
- Families First: Fort Dodge
- Iowa Homeless Youth Shelters: Des Moines
- Orchard Place: Des Moines
- Francis Lauer: Mason City
- Child Protection Center: Muscatine, Waterloo
- Meskwaki Family Services: Tama
- Iowa Department of Human Services: Waterloo
- YWCA: Waterloo
- Sequel Family Services: Woodward

**ADDICTIONS PREVENTION & TREATMENT**
- Area Substance Abuse Council: Cedar Rapids
- Substance Abuse Treatment Unit of Central Iowa: Marshalltown
- Jackson Recovery: Sioux City
- Pathways Behavioral Services: Waterloo

**CRIMINAL JUSTICE SYSTEM**
- Linn County Juvenile Detention Center: Cedar Rapids
- Iowa Department of Corrections: Waterloo

**DOMESTIC VIOLENCE / PREVENTION / HOUSING**
- Domestic Violence Intervention Program: Iowa City
- Amani Community Services: Waterloo
- Friends of the Family: Waterloo, Waverly

**EDUCATIONAL SETTINGS**
- Grantwood AEA: Cedar Rapids
- Prairie Lakes AEA: Storm Lake, Fort Dodge
- Heartland AEA: Johnston
- Central Rivers AEA: Cedar Falls
- Waterloo Community Schools: Waterloo

**MEDICAL / HEALTH CARE**
- Mary Greeley Medical Center: Ames
- St. Anthony Regional Hospital and Nursing Home: Carroll
- UnityPoint/St. Luke’s Hospital: Cedar Rapids
- Comfort Care Medicare, Inc.: Cedar Rapids, Waterloo
- Broadlawns Medical Center: Des Moines
- UnityPoint Health: Des Moines
- University of Iowa Hospitals and Clinics: Iowa City
- Buena Vista Medical Center: Storm Lake
- Virginia Gay Hospital: Vinton
- UnityPoint Allen Hospital: Waterloo
PERSONS WITH DISABILITIES

Optimae Life Services: Des Moines
Full Circle Services: Independence
Cedar Valley Community Support Services: Waterloo
Comprehensive Systems, Inc.: Waterloo
Exceptional Persons, Inc.: Waterloo
REM: Waterloo

MENTAL HEALTH SERVICES

Abbe Inc. Community Mental Health: Cedar Rapids
Mount Mercy University Counseling Services: Cedar Rapids
Vera French Community Mental Health Center: Davenport
Mental Health Institute: Independence
Southern Iowa Mental Health Center: Ottumwa
Seasons Center for Behavioral Health: Spencer
County Social Services: Waterloo
UnityPoint Black Hawk Grundy Mental Health Center: Waterloo (clinic and schools)

REFUGEE / IMMIGRANT SERVICES

Catherine McAuley Center: Cedar Rapids

VETERAN SERVICES

Department of Veterans Affairs: Des Moines, Iowa City, Waterloo
Veteran Affairs Commission of BH County: Waterloo

SOCIAL WORKER EMPLOYMENT, BY TYPE
2016 and projected 2016-2026
<table>
<thead>
<tr>
<th>Occupation</th>
<th># Individuals Employed in IA</th>
<th>Median Hourly Wage</th>
<th>Mean Hourly Wage</th>
<th>Annual Mean Wage</th>
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<tbody>
<tr>
<td>Community and Social Service Occupations</td>
<td>19,810</td>
<td>$21.45</td>
<td>$23.08</td>
<td>$48,010</td>
</tr>
<tr>
<td>Educational, Guidance, and Career Counselors and Advisors</td>
<td>2,620</td>
<td>$25.99</td>
<td>$26.77</td>
<td>$55,670</td>
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<td>Marriage and Family Therapists</td>
<td>640</td>
<td>$27.33</td>
<td>$29.32</td>
<td>$60,970</td>
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<tr>
<td>Rehabilitation Counselors</td>
<td>1,400</td>
<td>$14.80</td>
<td>$17.54</td>
<td>$36,490</td>
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<tr>
<td>Substance Abuse, Behavioral Disorder, and Mental Health Counselors</td>
<td>2,870</td>
<td>$23.69</td>
<td>$25.62</td>
<td>$53,280</td>
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<tr>
<td>Counselors, All Other</td>
<td>290</td>
<td>$15.79</td>
<td>$18.18</td>
<td>$37,820</td>
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<tr>
<td>Child, Family, and School Social Workers</td>
<td>2,130</td>
<td>$22.90</td>
<td>$24.32</td>
<td>$50,580</td>
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<tr>
<td>Healthcare Social Workers</td>
<td>1,220</td>
<td>$26.04</td>
<td>$25.89</td>
<td>$53,850</td>
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<td>Mental Health and Substance Abuse Social Workers</td>
<td>710</td>
<td>$22.19</td>
<td>$23.85</td>
<td>$49,610</td>
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<tr>
<td>Social Workers, All Other</td>
<td>530</td>
<td>$31.80</td>
<td>$29.39</td>
<td>$61,140</td>
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<tr>
<td>Health Education Specialists</td>
<td>520</td>
<td>$27.58</td>
<td>$27.49</td>
<td>$57,180</td>
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<tr>
<td>Probation Officers and Correctional Treatment Specialists</td>
<td>660</td>
<td>$34.08</td>
<td>$33.65</td>
<td>$69,990</td>
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<tr>
<td>Social and Human Service Assistants</td>
<td>4,710</td>
<td>$16.47</td>
<td>$17.33</td>
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<td>Community Health Workers</td>
<td>400</td>
<td>$17.99</td>
<td>$18.80</td>
<td>$39,100</td>
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<tr>
<td>Community and Social Service Specialists, All Other</td>
<td>550</td>
<td>$17.01</td>
<td>$17.74</td>
<td>$36,890</td>
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</table>

Liberal Arts Core – 44-45 required

Category 1 (11 credits)
- 1A. Writing and Reading (3 credits)
- 1B. Speaking and Listening (3 credits)
- 1C. Quantitative Techniques (3 credits)

Recommended to take STAT 1772 (need ALEKS score of 50)
- 1D. Dimensions of Well-Being lecture & lab (2-3 credits)

Category 2 (9 credits)
- 2A. Humanities (6 credits)
- 2B. Non-Western Cultures (3 credits)

Category 3 (6 units)
- 3A. Fine Arts (3 credits)
- 3B. Literature, Philosophy & Religion (3 credits)

Category 4 (one with Lab) (7 credits)
- 4A. Life Science w/ lab (3-4 credits)

Recommended to take BIOL 1014
- 4B. Physical Science w/ lab (3-4 credits)

Category 5 (9 credits)
- 5A. Sociocultural & Historical Perspective (3 credits)

Recommended to take SOC 1000 OR SOC 1060
- 5B. Individual & Institutional Perspective (3 credits)

Recommended to take PSYCH 1001
- 5C. Topical Perspectives (3 credits)

Recommended to take SW 2045

Category 6 (2 units)
- 6A. Capstone Experience (2-3 credits)

Social Work (GPA Requirement - 2.5)

Prerequisites: (12 credits)
- Life: Continuity & Change (BIOL 1014)
- Intro to Sociology (SOC 1000) / Social Problems (SOC 1060)
- Intro to Psychology (PSYCH 1001)
- Stats for Social Research (SOC 2020) or STAT 1772

Core Social Work Courses: (35 credits)
- Intro to Social Work & Social Services (SW 1001)
- Practice with Individuals (SW 2091)
- Social Work Research (SW 3185)
- Practice with Groups & Families (SW 3192)
- Social Policies and Issues (SW 4144)
- Diversity and Difference (SW 4163)
- Human Behavior & the Social Environment (SW 4164)
- Practice with Communities & Organizations (SW 4196)
- Field Instruction (SW 4200)

Social Work Electives: (9 credits)
- Social Welfare: A World View (SW 1041)
- American and Racial Ethnic Minorities (SW 2045)
- Conflict Resolution (SW 3102)
- Social Work in Mental Health Settings (SW 4121)
- Stress & Stress Management for Helping Professionals (SW 4143)
- Addictions Treatment (SW 4171)
- Social Services for Older Adults (SW 4173)
- Child Welfare Policy & Practice (SW 4175)
- Models of Social Work Practice (SW 4193)

120 Hour Requirement

Needed: ________
In Progress: ________
Needed after Current Semester: ________

Date: ________ Name: ____________________________________________________________________

Based on 2021-2022 Academic Catalog

Students who graduate with a major in Social Work receive a Bachelor of Social Work (BSW) degree.
<table>
<thead>
<tr>
<th>Semester</th>
<th>Core Courses</th>
<th>Hours</th>
<th>Electives</th>
<th>Hours</th>
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<tr>
<td><strong>FRESHMAN</strong></td>
<td>Liberal Arts Core</td>
<td>9</td>
<td>Stat 1772 (1C)</td>
<td>3</td>
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<tr>
<td></td>
<td>SOC 1000 Introduction to Sociology (5A) or SOC 1060 Social Problems (5A)</td>
<td>3</td>
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<tr>
<td><strong>SOPHOMORE</strong></td>
<td>Liberal Arts Core</td>
<td>12</td>
<td>SW 1001 Intro to SW and SS</td>
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<tr>
<td><strong>JUNIOR (ACCEPTED TO THE SOCIAL WORK MAJOR)</strong></td>
<td>SOC 2020 Stats for Social Research (if haven’t taken STAT 1772) or Elective</td>
<td>3</td>
<td>SW 2019 Practice with Individuals</td>
<td>3</td>
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<tr>
<td></td>
<td>SW 3192 Practice with Groups &amp; Families</td>
<td>3</td>
<td>SW 2019 Practice with Individuals</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>SW 4163 Diversity &amp; Difference</td>
<td>3</td>
<td>SW 2019 Practice with Individuals</td>
<td>3</td>
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<td></td>
<td></td>
<td></td>
<td>SW/UNI Electives</td>
<td>6</td>
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<tr>
<td><strong>SENIOR</strong></td>
<td>SW 4144 Social Policies &amp; Issues</td>
<td>3</td>
<td>SW 4200 Field Instruction (11-15 credits)</td>
<td>15</td>
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<tr>
<td></td>
<td>SW/UNI Electives</td>
<td>12</td>
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Total credit hours: Minimum of 120

**SOCIAL WORK ELECTIVES**
- SW 1041 Social Welfare: A World View
- SW 2045 American Racial and Ethnic Minorities
- SW 3102 Conflict Resolution
- SW 3179 Cooperative Education
- SW 4121 Social Work in Mental Health Settings
- SW 4143 Self-Care and Stress Management in Helping Professionals
- SW 4171 Addictions Treatment
- SW 4173 Social Services for Older Adults
- SW 4175 Child Welfare Policy and Practice
- SW 4193 Models of Social Work Practice

**OPTIONAL PROGRAM CERTIFICATES**
- Child Welfare Certificate (4 courses, field instruction)
- Substance Abuse Counseling Certificate (4 courses, field instruction)
- Conflict Resolution Certificate (5 courses)
JENNY BECKER, LISW
Director of Field Instruction, BA Program Director
319.273.7881, jennifer.becker@uni.edu
Areas: Field Practicum, Child Welfare, School Social Work
BA Social Work - University of Northern Iowa
MSW - University of Nebraska at Omaha

BELINDA CREIGHTON-SMITH
Adjunct Instructor
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REBECCA DICKINSON
Assistant Professor
319.273.7859, rebecca.dickinson@uni.edu
Areas: Adlerian Play Therapy, Issues Affecting Foster/Adoptive Youth, Cultural Competency in Social Work Practice
BA in SW & Criminal Justice - Mount Mercy College
MSW - University of Northern Iowa
Ph.D. - University of Iowa

JORDAN DUNN
Adjunct Instructor
jordan.dunn@uni.edu

ELIZABETH FRY, LMSW
Instructor
elizabeth.fry@uni.edu
Areas: Family Support and Services for Adolescents
BA Social Work and MSW - University of Northern Iowa

CINDY JUBY
Associate Professor, Department Head & Director of MSW Program
319.273.5845, cynthia.juby@uni.edu
Areas: Poverty, Child Welfare
BA, MSW, Ph.D. - University of Texas, Arlington

DAVID KILMNICK
Instructor, Online MSW Program
david.kilmnick@uni.edu
BA in Public Relations - Long Island University
MSW - Stony Brook University
Ph.D. in Social Welfare - City University of New York

SEI-YOUNG LEE
Assistant Professor
319.273.6248, sei-young.lee@uni.edu
Areas: Adverse Childhood Experiences, Juvenile Delinquency, Domestic Violence
BA - Hong Ik University, Department of Urban Planning, Seoul, Korea
MUP - Seoul National University, School of Environmental Planning, Seoul, Korea
MSW - California State University, Los Angeles, School of Social Work, California

KATRINA MORAN
Graduate Secretary
319.273.5910, katrina.moran@uni.edu

ASHLEY RASMUSSEN
Undergraduate Secretary
319.273.6249, ashley.rasmussen@uni.edu

JENNIFER SCHMUDLACH
Adjunct Instructor
jennifer.schmudlach@uni.edu

MATT VASQUEZ, LMSW
Associate Professor
319.273.6249, matthew.vasquez@uni.edu
Areas: Trauma, Trauma-Based Treatments, Trauma-Informed Care, Teaching Trauma in Social Work Education, Children’s Mental Health, Early Childhood Neglect, Attachment Disorders (RAD/DSED)
BA - Bowdoin College, Brunswick, Maine
MSW and Ph.D. - University of Iowa

CHARLETTA WILLIAMS-SUDDUTH
Adjunct Instructor
charletta.sudduth@uni.edu

LIXIA ZHANG
Assistant Professor
319.273.6416, lixia.zhang@uni.edu
Areas: Adverse Childhood Experiences, Toxic Stress, Child and Youth Development, Translational Research
MSW - University of Wisconsin-Milwaukee
Ph.D. - University of Wisconsin-Milwaukee
**Addictions Prevention/Treatment**

**Substance Abuse Counseling Certificate** - 12 credits plus social work internship. This UNI certificate program is designed to prepare Social Work majors for the field of substance abuse treatment. To receive a UNI certificate, a student must complete the requirements for the Social Work major (including graduation with the B.A.) and the specific course work and field instruction experiences as indicated.

**Aging/Gerontology**

**Gerontology Minor** - 21 credits. Multidisciplinary study of the issues associated with aging and the aging process. It is concerned with the psychological, sociological, behavioral, and other social aspects of aging.

**Children, Adolescent and Family Services**

**Sociology of Family and Life Course Certificate** – 15 credits

**Child Welfare Certificate** - 12 credits plus social work internship. The UNI Child Welfare Certificate is intended to prepare social work majors to competently work in child welfare settings, including child protective services, adoption, foster care, youth services, and residential facilities. Students complete four required courses pertaining to child welfare policy and practice, problems in juvenile and family law, and an internship requirement in a child welfare setting.

**Family Studies Minor** - 24 credits. Understanding the patterns of family functioning and how it influences individual development and behavior. The discipline of family studies explores patterns of family functioning and how relationship processes and other contextual factors influence individual development and behavior. Strong focus on prevention and early intervention, providing tools and knowledge to families in order to improve their quality of life.

**Youth Work in Religious Settings Certificate** – 18 credits

The Youth Work in Religious Settings Certificate interdisciplinary program is jointly offered by the Recreation, Tourism and Nonprofit Leadership program within the Department of Health, Recreation and Community Services and the Department of Philosophy and World Religions. The Youth Work in Religious Settings Certification Program prepares students for work in a variety of religious organizations and contexts.

**Criminal Justice System**

**Crime Mapping and Analysis Certificate** – 18 credits

**Criminology Minor** - 18 credits. Trained to work in the criminal justice system and associated organizations in Iowa. Prepare students to interact ethically with diverse populations with a sense of open mindedness, respect, and cultural awareness.

**Social Justice Minor** - 21 credits. Students in the social justice minor will investigate a broad understanding of theories and concepts of social justice and articulate a variety of perspectives on social justice through classes that address crucial social issues in diverse voices (interdisciplinary nature: sociological, political, psychological, historical, etc.).

**Educational Settings**

**Education Studies Minor** - 15 credits. The Educational Studies minor is intended for students who are interested in the intersection of learning, education and society. Coursework provides opportunities for students to study the learning process, the organization of schooling, its links to broader political and historical contexts, and the potential of educational systems to bring about social change. This interdisciplinary program is designed specifically for undergraduates not majoring in teacher education and is offered jointly by the College of Education, the College of Social and Behavioral Sciences, the College of Business, and the College of Humanities, Arts and Sciences.
Macro Focus with Social Work

Conflict Resolution Certificate - 15 credits. Conflict can be viewed on both the macro and micro system levels. It can be interpersonal, as in the area of individual or family dynamics, or organizational, as in labor, racial/ethnic, or international relations. The Certificate in Conflict Resolution focuses on understanding the roots of conflict, as well as its management or resolution.

State and Local Government Certificate - 15 credits. The Certificate in State and Local Government is designed to provide a specific set of skills to any student at UNI looking to work in state or local government. This certificate blends theoretical and practical knowledge to provide the flexibility to solve some of the problems facing these governments. If your career goals include public finance, economic development, community development and planning, or state and local politics, a Certificate in State and Local Government will help link your education to your career. A Certificate in State and Local Government will also help students who want to work in public agencies such as school administration, city management, public health, social services, or public safety.

Nonprofit Management Certificate - 20 credits. This certificate provides knowledge, skill-building and professional experience for students interested in working in the nonprofit sector. Earning this certificate at UNI also enables students to earn a national certificate in Nonprofit Management from Nonprofit Leadership Alliance.

Political Science Minor - 18 credits. Mission is to promote systematic analyses of local, national and international political processes by disseminating knowledge, equipping students with critical thinking and analytical skills, and contributing scholarly research and publication to the discipline.

Legal Studies Minor - 21 credits (great if considering law school!). The Legal Studies minor encourages students to study legal institutions, norms and traditions and to analyze how they interact with society, culture, economics, politics and policy. The program equips students with the ability to comprehend and critically evaluate written arguments, to make one’s own arguments and support them with evidence and logical reasoning, and to communicate effectively, both orally and in writing.

Mental Health Services

Mental Health Minor - 18 credits. The mental health field is quite interdisciplinary, served by a number of different professionals, and mental health issues arise across an array of settings. The Mental Health Minor serves the following purposes: 1) fosters interdisciplinary exposure to mental health issues, 2) provides broad preparation for those who may directly or peripherally work with mental health issues, and 3) presents different approaches to conceptualization and intervention of mental health issues.

Psychology Minor - 25 credits. Understand the basic principles of cognitive, emotional, social, developmental, and biological processes, and the scientific research methods used to learn about these processes.

Public Health / Health Care

Certificate in Community Nutrition – 17 credits. The Community Nutrition Certificate is offered by the Public Health and Education program within the Department of Health, Recreation and Community Services. The Community Nutrition Certificate Program prepares students to address nutrition issues in the community setting.

Certificate in Health and Social Services (coming Summer 2023)

Certificate in Sociology of Health and Development – 15 credits

Certificate in Women's Health – 15 credits. The Women’s Health Certificate is offered by the Public Health program within the Department of Health, Recreation and Community Services. The Women’s Health Certificate prepares students for work in organizations that address women’s health needs.

Refugee/Immigrant Services

Anthropology Minor - 18 credits. Study of human cultural and biological variation and evolution. Study all aspects of the human experience, compare the patterns, and interpret them using various perspectives. Cultural anthropologists study the patterns of socially transmitted cultural beliefs and practices in contemporary human societies. Linguistic anthropologists study the languages and communication patterns of societies around the world. Archeologists study material culture to assist them in their reconstruction of past cultural systems. Physical anthropologists study the biological variation of past and present human populations within an evolutionary framework.

Veteran Services

Military Psychology Certificate - 14 credits