UNIVERSITY OF NORTHERN IOWA
SCHOOL OF APPLIED HUMAN SCIENCES
FAMILY SERVICES MAJOR
MAJOR REQUIREMENTS IF DECLARED SCHOOL YEAR 20/21 OR AFTER

REQUIRED: 27 hrs.
FAM SERV 1010 Human Identity and Relationships*
FAM SERV 1020 Family Relationships*
FAM SERV 1030 Research Methods in Family Science

OR  Approved social science research methods course

FAM SERV 1055 Human Growth and Development*

OR  Approved developmental course (such as PSYCH 2202)
FAM SERV 1057 Human Relationships & Sexuality*
FAM SERV 1140 Culture and Marriage
FAM SERV 2060 Strategies and Issues in Family Services* (FAM SERV 1020; FAM SERV 1055 or PSYCH 2202; a minimum of a C in any prerequisite.)
FAM SERV 4178 Family Life Education* (FAM SERV 1020; FAM SERV 1057; FAM SERV 2060; 3 hrs. social science research methods; senior standing as a Family Services major or consent of instructor; a minimum of a C in any prerequisite course; and a minimum 2.40 grade point average)
FAM SERV 4190 Professional Practice in Family Services* (FAM SERV 2060; Family Services and Gerontology majors only; consent of instructor; a minimum of a C in any prerequisite course; and a minimum 2.40 grade point average.)

Services

Group 1: Family Studies (Choose 2) 6 hrs.
FAM SERV 2054 Interpersonal Relationships and Dynamics (FAM SERV 1010; FAM SERV 1020); a minimum of a C in any prerequisite course.)
FAM SERV 2111/GERO 2111 Families and End of Life Issues
FAM SERV 3150/FAM SERV 5150 Families and Aging* (FAM SERV 1020; FAM SERV 1055 or PSYCH 2202; junior standing; a minimum of a C in any prerequisite)
FAM SERV 3162/FAM SERV 5162 Issues in Family Policy* (FAM SERV 1020); junior standing; a minimum of a C in any prerequisite course.)
FAM SERV 3176/FAM SERV 5176 The American Consumer
POL AMER 4142/POL AMER 5142 Problems in Juvenile and Family Law*

Group 2: Family Skills (Choose 2) 6 hrs.
FAM SERV 2077 Management of Family Resources* (Sophomore standing)
FAM SERV 3145/FAM SERV 5145 Violence in Intimate Relationships*
FAM SERV 3155/FAM SERV 5155 Parenting* (FAM SERV 1020; FAM SERV 1055 or PSYCH 2202; junior standing; a minimum of a C in any prerequisite course.)
FAM SERV 3160/FAM SERV 5160 Family Assessment and Intervention (FAM SERV 2060; junior standing; consent of instructor; a minimum of a C in any prerequisite course)
FAM SERV 3161/FAM SERV 5161 Families, Alzheimer’s, & Related Dementias

OR
GERO 3161/5161 Families, Alzheimer’s, & Related Dementias
FAM SERV 4157/FAM SERV 5157 Human Sexuality Education (FAM SERV 1057; 3 hrs. social science research methods; junior standing); a minimum of a C in any prerequisite course.

Senior Experience: Choose Option A or B 9 hrs.
Option A - FAM SERV 4195 Internship in Family Services
Option B - (Non-internship – 9 credits from Groups 1, 2, &/or 3)

TOTAL HOURS FOR MAJOR 48
TOTAL FOR LIBERAL ARTS CORE 45
TOTAL UNIVERSITY ELECTIVES 27
TOTAL FOR BACHELOR OF ARTS 120
ADVISING NOTES:

Liberal Arts Core (courses bolded): FAM SERV 1010; PSYCH 1001 satisfies Category 4B; SOC 1000 satisfies Category 4A.

Declaration of Major: A student may indicate his/her interest in a Family Services major at any time after his/her admission to UNI. Formal indication of interest shall be made via the Declaration of Curriculum form at which time the student will be considered a PROSPECTIVE major and assigned an advisor. Upon satisfaction of the admission requirements, a student shall be admitted to the major and be able to continue coursework towards his/her major.

Major Admission Requirements: A minimum 2.4 cumulative GPA and departmental approval is required for declaration of this major.

Course and Graduation Requirements: A minimum of 2.40 cumulative grade point average (GPA) and School of Applied Human Sciences (SAHS) approval is required for declaration of this major. Students must maintain at least a cumulative 2.40 GPA and have SAHS approval in order to register for FAM SERV 4190, Professional Practice in Family Services; FAM SERV 4915 Internship in Family Services, and to graduate. Majors must achieve a minimum of C (2.00 grade point) in all courses required for the major, including all prerequisites.

Procedures for Course Approval: Procedures for approval are available in the departmental office, 235 Latham.

Students must check with departments each semester to be certain this worksheet corresponds to the program requirements in effect when they declared their major. This worksheet is for advising purposes only. It does not replace the information provided in the UNI Catalog or the Schedule of Classes.

*Courses designated as part of the Certified Family Life Education Track. (www.ncfr.org)

FAMILY SERVICES COURSEWORK

The following will help clarify what is generally included in the curriculum completed by Family Services graduates.

FAM SERV 1010 Human Identity and Relationships: Use of social science theory and research to understand psycho-sociocultural influences in the development of identity and interpersonal relationships. Emphasizes application of current research and theory to facilitate positive individual growth and committed intimate relationships.

FAM SERV 1020 Family Relationships: Understanding contemporary families as they exist in their cultural context. Exploration of how families change and adapt to normative and non-normative challenges. Application of family theory and current research in order to understand family dynamics.

FAM SERV 1030 Research Methods in Family Science: Introduction to basic research methods used in family science. Quantitative and qualitative research designs, ethical considerations, and evaluating research results. Development of hypotheses based on current research, choice of appropriate methodologies to address them.

FAM SERV 1140 Culture and Marriage: An introduction to the diversity of marriages in the US. Topics include differences and similarities in demographic characteristics, the timing of marriage, marital roles, and relationship strengths among various cultural and ethnic groups living in the United States.

FAM SERV 1055 Human Growth and Development: Examination of theory and research contributing to our understanding of how biological, psychological, and social influences shape inter-individual differences and intra-individual change across the life span. (Prerequisite: PSYCH 1001; a minimum of a C in any prerequisite course.)

FAM SERV 1057 Human Relationships and Sexuality: Human sexuality as an integration of biological, psychological, and social factors. Topics include developing healthy relationships, sexual orientation, love, sexuality education, sexual decision making, and challenges of sexual health and functioning.

FAM SERV 2054 Interpersonal Relationships and Dynamics: Analysis of interpersonal relationship dynamics and dyadic decision-making using various theoretical perspectives. Study of evidence-based relationship enhancement strategies. (Prerequisite(s): FAM SERV 1010; FAM SERV 1020; a minimum of a C in any prerequisite course).
FAM SERV 2060 Strategies and Issues in Family Services: Survey of prevention and intervention models, methods and professional issues involved in family services. (Prerequisites: FAM SERV 1020; FAM SERV 1055 or PSYCH 2202)

FAM SERV 2077 Management of Family Resources: Exploration of the management of human and economic resources available to individuals and families through the lifespan from a family science perspective. Emphasis on financial, time, and work/family issues. (Prerequisite: sophomore standing.)

FAM SERV 2111/GERO 2111 Families and End of Life Issues: Overview of individual, familial, social and cultural aspects of death, dying and the bereavement process. Topics include final planning, palliative care, and funerals.

FAM SERV 3145/FAM SERV 5145 Violence in Intimate Relationships: Exploration of theoretical models of violence in intimate and family relationships and examination of the impact of violence on secondary victims. Empirical and programmatic implications for prevention and intervention models are reviewed. (Junior standing.)

FAM SERV 3150/FAM SERV 5150 Families and Aging: Identification of challenges and normative transitions associated with aging families. Application of developmental and family theories to tasks of adulthood and aging. (Prerequisites: FAM SERV 1020; FAM SERV 1055 or PSYCH 2202; junior standing; a minimum of a C in any prerequisite.)

FAM SERV 3155/FAM 5155 Parenting: Review of parent-child relationships and the dynamic processes of parenting from conception through young adulthood. Emphasizes developmental and family theory and the diversity of contexts that impact parent-child relationships. (Prerequisites: FAM SERV 1020; FAM SERV 1055 or PSYCH 2202; junior standing; a minimum of a C in any prerequisite course.)

FAM SERV 3160/FAM SERV 5160 Family Assessment and Intervention: Exploration and integration of theoretical and evidence-based practice models and skills utilized in family intervention. Professional skills, strategies, tools and ethical issues associated with family assessment and interventions will be examined. (Prerequisite(s): FAM SERV 2060; junior standing; consent of instructor; a minimum of a C in any prerequisite course.)

FAM SERV 3161/5161 Families, Alzheimer’s & Related Dementias. Exploration of issues pertaining to Alzheimer’s Disease and related dementias. Examination of challenges associated with memory disorders. Strategies for supporting affected individuals and families. (Same as GERO 3161/5161)

FAM SERV 3162/FAM SERV 5162 Issues in Family Policy: Exploration of legal issues, policies, and laws influencing the wellbeing of families, and the roles family professionals can play in influencing and informing policy at the local, state, and federal levels. (Prerequisites: FAM SERV 1020; junior standing; a minimum of a C in any prerequisite course.)

FAM SERV 3157/FAM SERV 5175 Family Financial Counseling and Literacy: Using both the Financial Counseling model and the Solution Focused model, this class will introduce students to the financial counseling process as well as the basic concepts of family financial management throughout the life span.

FAM SERV 3176/FAM SERV 5176 The American Consumer: Analytical approach to the consumption of durables, goods, services and housing; developing competencies for consumer decisions and actions in a global economy. (Prerequisite: junior standing.) (Online or guided independent study only.)

FAM SERV 4157/FAM SERV 5157 Human Sexuality Education: Examination of methods for teaching human sexuality in a variety of educational settings; emphasis placed on family life education programs. Students will use theoretical and empirical literature to evaluate programs and to develop sexuality curricula. (Prerequisites: FAM SERV 1057; 3 hrs. social science research methods; junior standing; a minimum of a C in any prerequisite course.).

FAM SERV 4178 Family Life Education: An understanding of the general philosophy and broad principles of family life education in conjunction with the ability to plan, implement, and evaluate educational programs for families. (Prerequisites: FAM SERV 1020; FAM SERV 1057; FAM SERV 2060; 3 hours social science research methods; senior standing as a Family Service major or consent of instructor; a minimum of a C in any prerequisite course; and a minimum 2.40 grade point average.)

FAM SERV 4184/FAM SERV 5184 Topics in Family Services: Selected topics relating to current issues in Family Services. Topics to be announced in the Schedule of Classes. May be repeated for maximum of 6 hours but not in the same topic. (Prerequisite: junior standing.)

FAM SERV 4190 Professional Practice in Family Services: Professional development course including the following topics: family services as a profession; ethical decisions; diversity in the professional field; issues that emerge in family service agencies; and preparation for internship and entry into employment. (Prerequisites: FAM SERV 2060; Family Services and Gerontology Majors only; consent of instructor; a minimum of C in any prerequisite course and a minimum 2.40 grade point average.)
FAM SERV 4195 Internship in Family Services: Supervised experience in approved practicum situation. Transfer students must complete one full semester in residence before being approved for internship. (Prerequisite: FAM SERV 4190; Senior standing; a minimum of C in any prerequisite course; and a minimum 2.40 grade point average.)

RELATED COURSEWORK

**ANTH 1002 Culture, Nature, and Society.** Introduction to cross-cultural perspective on human behavior. Consideration of the nature of society and culture among diverse human groups, from hunter-gatherers to industrialized city dwellers, by examination of their technologies, economic systems, family life, political structures, art, languages, and religious beliefs and practices. Emphasis on non-Western societies.

**COMM COR 2020 Introduction to Research Methods.** Introduction to the process of research and inquiry across the discipline of communication studies. Includes the three units qualitative, quantitative, and rhetorical (critical). Introduction to the normative expectations of the research process. (Prerequisite(s): COMM 1000)

**COMM 4022 COMM 5022 Qualitative Research Methods.** Examination of principles and procedures of communication research with emphasis on experimental and survey methods and techniques. Students will complete research projects. (Prerequisite(s): COMM COR 2020 or equivalent; junior standing.)

**HPE 4247/HPE 5247 Minority Health:** Exploration of public health issues and problems faced by members of minority populations. Includes public health field trips and cultural competency development experiences. (Prerequisite(s): junior standing.)

**MATH 1100 Mathematics in Decision-Making.** Selection of mathematical topics and their applications with an emphasis on mathematical reasoning. Topics include probability and statistics.

**POL AMER 4143/POL AMER 5143 Problems in Juvenile and Family Law:** Aspects of juvenile and family law; how legislature and courts have developed juvenile and family law, including marriage and divorce, adoption, and competency of minors. (Prerequisite: junior standing.)

**PSYCH 1001 Introduction to Psychology.** Survey of basic principles in psychology. Course requires participation in psychological research; or an alternative acceptable to both students and the department which provides a similar educational experience.

**PSYCH 2201 Psychology of Gender Differences:** General overview of the nature and meaning of gender, gender roles and stereotypes; research on gender similarities and differences; gender development; and the effects of stereotypes and roles. (Prerequisite: PSYCH 1001).
PSYCH 2002 Research Methods: Introduction to fundamentals of psychological inquiry. Emphasis on experimental research but all major approaches (correlational, field, clinical, phenomenological) considered. (Prerequisite: PSYCH 1001; must be a declared Psychology major or minor by the starting date of the course.)

PSYCH 2202 Developmental Psychology: Theory and research methods used in the study of development of organisms (especially human); developmental perspective as part of the process of psychological inquiry. (Prerequisite: PSYCH 1001).

PSYCH 4608/PSYCH 5608 Gender in Cross-Cultural Perspective: Evolutionary, biological, psychological, cognitive, social, and cultural theories of gender and gender inequality evaluated with respect to cross-cultural data. Prerequisite(s): PSYCH 1001 or SOC 1000 or ANTH 1002; junior standing (Same as SOC 3411/5411 and ANTH 3411/5411)

SOC 1000 Introduction to Sociology. Scientific approach to analysis and understanding of culture, human groups and institutions, personality, self, and social control.

SOC 2020 Statistics for Social Research. Levels of measurement, frequency distributions, graphic representations, measures of average, measures of dispersion, cross-tabulation and measures of association. Pearson correlation, bivariate regression analysis probability and hypothesis testing, inferences involving single sample and two samples, and analysis of variance. (Prerequisite(s): completion of mathematics requirement for the Liberal Arts Core.)

SOC 2010 Research Methods. Introduction to basic research methods used in social research. Conceptualization and operationalization of research problems. Examination of various research designs used to collect data. Introduction to sampling, instrumentation, data processing, data analysis, and report production. Priority to Sociology and Criminology majors and minors. (Prerequisite(s): SOC 1000.)

SW1041 Social Welfare: A World View. Comparative study of social welfare (social insurance, public welfare, charity and philanthropy, social services, and mutual aid) in the United States, and selected nations from five regions of the world as defined by the International Congress of Schools of Social Work (African, Asian, European, Latin American and North American regions) (Same as SOC SCI 1041)

SW 2045 American Racial and Ethnic Minorities: Survey of several American minorities, including Hispanics, Blacks, Asians, and Native Americans. Multi-disciplinary study of these groups with particular emphasis on geographic origins, linguistic traditions and current modes of economic subsistence. Introduction to folkways and mores of each group. (Same as SOC SCI 1045 and SOC 1045).

SW 4142/SW 5142 Working with Racial and Ethnic Minorities: Examination of values and behaviors related to ethnic group membership and social class. Utilization of such knowledge for problem assessment and intervention. Development of ethnicsensitive practice skills. (Prerequisites: SW 1041; junior standing)

SW 3185 Social Work Research. Application of research to social work practice including formulation of research questions and hypotheses, strategies of research design, measurement and methods of collecting data, questionnaire construction, data presentation, and report writing. (Prerequisite(s): MATH 1100 or equivalent; SOC 2020; junior standing.

SW 4163/SW 5163 Diversity and Difference: Study of interpersonal and social relations of minority groups within the larger American society. (Prerequisites: SOC 1000; junior standing.)