



Master of Athletic Training Student Handbook

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INTRODUCTION

The University of Northern Iowa Division of Athletic Training offers a professional master of athletic training degree (M.A.T.R.) which is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The Master of Athletic Training major is designed to prepare students to become athletic training professionals. It prepares students for the Board of Certification Examination as well as eligibility for state credentialing in Athletic Training.

Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed. No exceptions will be made.

This degree is offered on the non-thesis option. Acceptable non-thesis projects include critically appraised topics, interrelated series of research proposals, conducting an empirical study, or a problem-based analysis of the literature, each of which require an extensive writing component.

A minimum of 54 semester credit hours is required. The non-thesis option requires 3 hours of AT 6299 (42T:299). A minimum of 21 semester hours at the 6000-level is required.

The purpose of this handbook is to inform you of the policies and procedures of our program. You are strongly encouraged to read this handbook several times each year. By reading this handbook you will continue to be familiar with the roles and responsibilities that you have as an athletic training student, as well as decrease the chance of violating the policies and procedures. Once you have read and understood this information, please sign the Policy and Procedure Commitment Form, available in ATrack.

In addition to this handbook, athletic training students must also read and be familiar with the policies, procedures, and resources provided by the University of Northern Iowa, UNI [Graduate College](#), and the Department of Health, Recreation, and Community Services Graduate Student [Handbook](#).

Please note that policies and procedures are subject to change at any time.

UNIVERSITY OF NORTHERN IOWA MISSION STATEMENT

Within a challenging and supportive environment, the University of Northern Iowa engages students in high-quality and high-impact learning experiences and emphasizes excellence in teaching and scholarship.

COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES VISION STATEMENT

We will be a diverse and inclusive community of teachers, scholars, learners, leaders, and engaged citizens who will work to understand human behaviors, structures, and institutions, past and present, in order to address global social and environmental issues.

COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES MISSION STATEMENT

Through intentional and active learning experiences at UNI and within the large community, students, faculty, and staff will tap into our diversity, depth, and breadth to create innovative and transformative ways of learning, engagement, teaching, and scholarship.

SCHOOL OF HEALTH & HUMAN SCIENCES VISION STATEMENT

Empowering students to make a positive impact on the health and well-being of individuals, families and communities in Iowa and beyond.

SCHOOL OF HEALTH & HUMAN SCIENCES MISSION STATEMENT

We prepare tomorrow's health and human science professionals for high-demand careers by creating collaborative and inclusive learning environments, developing and delivering innovative and evidence-based practice, and promoting ethical standards of care. We offer community-centered and hands-on learning experiences to empower the next generation of impactful leaders.

UNI ATHLETIC TRAINING PROGRAM MISSION, OUTCOMES, & OBJECTIVES

MISSION STATEMENT

The mission of the University of Northern Iowa Master of Athletic Training Program is to prepare students to become BOC certified athletic trainers and to obtain employment that will allow them to make significant contributions as a health care professional. The curriculum will include didactic and clinical experiences that will focus on the Curricular Content of the 2020 CAATE Accreditation Standards.

PROGRAM OUTCOMES

Outcome 1: Graduates will have the ability to apply best practice knowledge to profession specific contexts.

Goal 1: Students demonstrate the ability to evaluate, apply, and design best practice for professional contexts within the discipline.

Goal 1a: The average score will be at the proficient level of achievement (score of 2) in each dimension assessed (Theoretical Understanding of Concepts, Argumentation, and Application).

Goal 1b: 75% of the students will be at the proficient level of achievement (score of 2) in Theoretical Understanding of Concepts, Argumentation, and Application.

Goal 2: Students will report that the program improved their ability to evaluate, apply, and design best practice for professional context within the discipline.

Goal 2a: 75% of students will report improved ability to design best practices for professional context in the exit survey.

Goal 2b: 75% of students will report high relevancy and satisfaction with the knowledge acquired in the program in the alumni survey.

Outcome 2: Graduates will have the ability to conduct research and demonstrate critical thinking in the process of integrating and drawing relevant conclusions from the culminating research project.

Goal 1: Students will demonstrate the ability to interpret, summarize, integrate, and draw relevant conclusions and applications based on relevant research findings.

Goal 2: Students will report that the program improved their ability to interpret, summarize, integrate, and draw relevant conclusions and applications based on relevant research findings.

Outcome 3: Graduates will display competence in verbal, written, and/or visual communication, as appropriate for their discipline.

Goal 1: Students will demonstrate competence in oral communication.

Goal 2: Students will demonstrate competence in written communication.

ACCREDITATION STATUS

The University of Northern Iowa's Athletic Training Program was initially accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) on October 19, 2001 through July 1, 2006. Effective July 1, 2006, existing CAAHEP accredited programs were transitioned into the new accrediting agency, or the Commission on Accreditation of Athletic Training Education (CAATE). The UNI AT Program is now accredited by the CAATE as of July 1, 2006. The program underwent re-accreditation procedures in the 2015-2016 academic year and was awarded the maximum accreditation period of 10 years. The program was granted accreditation of the master of athletic training program in April of 2018. The program will undergo re-accreditation in 2025-2026.

PERSONNEL & RESPONSIBILITIES

The Athletic Training Program consists of administration, faculty athletic trainers, preceptors, team physicians, consulting medical specialists, and graduate assistants.

Kinesiology & Athletic Training Department Head

The head of the department of Kinesiology & Athletic Training directly oversees the development and evaluation of the Athletic Training Program, as well as all other athletic training faculty and staff.

Athletic Training Program Director

The Athletic Training Program Director is responsible for the day to day operation, coordination, supervision, and evaluation of all aspects of the Athletic Training Program. The program director reports to the head of the department of HRCS.

Athletic Training Coordinator of Clinical Education

The clinical experience coordinator is responsible for the administration and management of the clinical education and clinical experience components of the athletic training program. The clinical education coordinator reports directly to the head of the department of HRCS.

Director of Athletic Training Services

The Director of Athletic Training Services is responsible for overseeing all of the athletic training services at the University of Northern Iowa. The Director of Athletic Training Services reports to the head of the department of HRCS.

Athletic Training Faculty

The athletic training faculty members are employed by the department of HRCS and teach within the AT Program. The faculty assists the program director in the day to day operation of the program.

Instructors

The University of Northern Iowa employs staff athletic trainers within the department of intercollegiate athletics. These clinical athletic trainers are also employed by the department of HRCS as instructors within the Athletic Training Program.

Preceptors

Preceptors supervise and engage students in clinical education. All preceptors must be licensed health care professionals and be credentialed by the state in which they practice. Preceptors who are athletic trainers are state credentialed (in states with regulation), certified, and in good standing with the Board of Certification. A preceptor's licensure must be appropriate to his or her profession. Preceptors must not be currently enrolled in the professional athletic training program at the institution. Preceptors function to supervise, instruct, and mentor students during clinical education.

Preceptors who are athletic trainers or physicians assess students' abilities to meet the curricular content standards.

Medical Director

The medical director advises the athletic training program director in the education of athletic training students. He/she is directly involved in the athletic training student's education by frequently interacting with the students through guest lectures, surgical observations, practice and game attendance, as well as through other means.

Consulting Medical Specialists

The UNI Athletic Training Program utilizes a vast amount of consulting medical specialists for the education of athletic training students. The medical specialists will be utilized in the education of athletic training students through guest lecturing, clinical education, surgical observations and general medical experiences.

Athletic Training Students (ATS's)

Athletic training students are those students whom have been accepted into the master of athletic training program.

**ATHLETIC TRAINING FACULTY AND STAFF
CONTACT INFORMATION**

**Athletic Training Program
University of Northern Iowa
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Cedar Falls, IA 50614-0244**

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MASTER OF ATHLETIC TRAINING STUDENT PROJECTED EXPENSES
Class of 2025

Expenditure	Cost	Payment Due Date
Fall/Spring Graduate Tuition & Fees	~\$11,362.00*	Contact financial aid office for assistance
Summer Graduate Tuition (based on 2023 summer tuition)	~\$5,171.00*	Contact financial aid office for assistance
Criminal Background Check	\$15 (SING background check)	Upon acceptance to AT Program
Clothing and supplies	Starts at \$50**	Summer 2023
ATrack subscription	\$45/year or \$90 lifetime	Summer 2023
Professional Liability Insurance Policy	\$38/year	Summer of each year
Immunizations and TB test, as necessary	Varies based on students' medical care professional/insurance	As necessary
Textbooks	Varies based on course requirements	Each semester
Transportation to clinical experience	Varies based on locations, fuel cost, and carpooling	Each semester
NATA Membership	\$80^	Summer 2023; Annually
BOC examination	\$475 ⁺ for non-NATA members; \$450 for NATA members	Spring 2024

**Based on 2023-2024 Iowa resident tuition and fees. Contact the financial aid office for more detailed information.*

***Will increase depending on what student wishes to purchase.*

^Strongly recommended, but not required.

⁺Based on 2023 fees.

ADMISSION REQUIREMENTS & PROCEDURES

In addition to the application for the M.ATR. program, students must also apply to the UNI [Graduate College](#).

International Students: Please see the “Application Checklist for International Students” at <https://grad.uni.edu/application-checklist-international-students>

Application to the M.ATR. Program will be facilitated by the UNI Office of Admissions and optionally through the Athletic Training Centralized Application Service (ATCAS, <https://atcas.liaisoncas.com/applicant-ux/#/login>). Please have the following information ready for upload at the time of application:

Application Requirements:

Pre-Requisite Courses:

- BIOL 2052 General Biology: Cell Structure & Function (or equivalent)
4 cr
 - BIOL 3101 Anatomy & Physiology I (or equivalent) 4 cr
 - BIOL 3102 Anatomy & Physiology II (or equivalent) 4 cr
 - ^CHEM 1110 General Chemistry I (or equivalent) 4 cr
 - ^STAT 1772 Introduction to Statistics (or equivalent)
3 cr
 - ^PHYSICS 1511 General Physics I (or equivalent) 4 cr
 - PSYCH 1001 Introduction to Psychology (or equivalent) 3 cr
 - ^ Satisfactory score on ALEKS exam required for CHEM 1110, PHYSICS 1511 and STAT 1772.
- Completed a bachelor’s degree, or will complete prior to beginning coursework in MATR
 - Official transcript
 - Students must have completed 50 hours of observation of a certified athletic trainer.
 - Students must request submit three (3) letters of recommendation. One letter must come from a faculty member/advisor, one must come from an athletic trainer who supervised the student during their observation experience, and one must come from a professional reference of the student’s choice. All letters should address the student’s potential for success as a graduate student and athletic trainer.
 - Students must have a minimum cumulative grade point average of 3.0.
 - Students must verify that they meet the Technical Standards of the UNI Athletic Training Program by uploading the signed Technical Standards form in ATCAS.
 - Criminal Background Check
 - Students must complete a SING criminal background check; details will be provided by the program
 - Note: A positive criminal background check may inhibit program admission. Final admission decisions will be made by the Athletic Training Program

Director and the Athletic Training Coordinator of Clinical Education. Appeals of such decision can be made with the Kinesiology & Athletic Training Department Head.

- Students should be aware that having a criminal history may inhibit athletic training certification and/or licensure.
- A Personal Statement explaining why they want to be an athletic trainer, their career goals, and the attributes they possess that will make them a successful student and athletic trainer.

Admission into the Master of Athletic Training program is competitive, therefore the following criteria shall be used for determination of acceptance:

- a. Cumulative grade point average (3.00 minimum GPA)
- b. Application materials
- c. Recommendations
- d. Personal Statement
- e. Athletic Training Observation with an Athletic Trainer (50 hours are required)
- f. Student must have Bloodborne pathogen or OSHA training completed PRIOR to beginning observation experience at UNI
- g. Technical Standards must be met (as outlined in our application packet)
- h. Criminal background check

PROCEDURES for TRANSFERRING FROM ANOTHER AT PROGRAM

Due to the competency-based nature of accredited athletic training programs, prospective students may transfer summer courses **only** (AT 5030, AT 5032, AT 5100, AT 5550) from another professional athletic training program **if deemed possible** by the program director, coordinator of clinical education, and graduate college. All applicants must meet the program prerequisite requirements and complete the application process.

ACCEPTANCE PROCEDURES FOR ALL APPLICANTS:

Notification of admission status: Applicants will receive a letter indicating their status no later than four weeks after completion of the application. Accepted students will have no more than 30 days to complete the following:

- Each student must send a letter of acceptance to the athletic training program director accepting a position within the program.
- Each student must have a hepatitis B vaccination before beginning clinical experience or sign the hepatitis B waiver form.
- Each student must have a TB test before beginning clinical experience
- Each student must create an ATrack subscription.
- Each student must obtain professional liability insurance

ATHLETIC TRAINING PROGRAM RESEARCH REQUIREMENT

All athletic training students must complete a research project under the advisement of an athletic training faculty member.

(Excerpt from the School of KAHHS Masters Student Handbook)...

Non-Thesis (Culminating Paper or Applied Research Project; 2 credit option)

Students may choose to complete an applied research project as opposed to a research thesis. Only two hours of research credit (6299) can be taken with the remainder of hours being completed through program requirements and electives (with 12 hours being taken from 6000 level or higher courses exclusive of 6299 credit). The focus of this project should provide evidence that reflects the content knowledge and inquiry skills of the graduate student.

Committee

Students opting for this track must form a committee and choose a committee chairperson. The committee should consist of a minimum of two professors. One of the committee members must be from within the Division offering the degree.

Outcomes

The outcomes for the non-thesis option include both a written culminating paper and formal oral presentation.

Paper

The committee will decide the format of the culminating paper, but the culminating paper should provide substantial background information on the selected topic. Typical paper format include but are not limited to a thesis format (similar to the thesis requirements) or a manuscript submission format. The manuscript format serves as evidence to the ability of the student to write a research report ready to be shared with professionals in scientific journals.

Presentation

Upon completion of the paper, the candidate must defend their research using a formal oral presentation to the committee. The presentation is open to all faculty, staff, and students at UNI. The presentation serves as evidence to the ability of the student to disseminate information in a professional setting. You should work with a departmental secretary to ensure that an email detailing the title, location, and time of the presentation is sent approximately 1 week ahead of the presentation to all faculty and peers in the student's home division.

ATHLETIC TRAINING PROGRAM RETENTION POLICY

Once accepted into the Athletic Training Program, students must achieve each of the following in order to maintain his/her status as an athletic training student.

****Any student who fails to meet any of the following requirements is subject to disciplinary action and potential expulsion from the UNI Athletic Training Program.**

- Each student must be enrolled in the athletic training program for at least two years.
- Each student must maintain current Professional CPR and AED certifications.
- Each student must attend the College of Education OSHA Training once each year.
- Each student must attend Mandatory Child Abuse Reporter Training during the fall of the first year in the program, unless the student has documentation of previous training.
- Each student must maintain a professional liability insurance policy.
- Each student must maintain a 3.0 GPA.
- A maximum of six credits may be earned at any “C” level. Any courses for which a student receives a grade of C+, C, or C- must be retaken after the first six credits at any “C” level.
- Each first year student must complete an average of 15 hours of athletic training experience each week (minimum hours/week = 5; maximum hours/week = 20) during the first semester, and complete an average of 20 hours of athletic training experience each week (minimum hours/week = 10; maximum hours/week = 25) during the second (spring) semester.
- Each second year student must complete an immersive clinical experience for a minimum continuous 4-week period.
- Each second year student must complete an average of 20 hours of supervised athletic training experience each week (minimum hours/week = 10; maximum hours/week = 30).
- Each student must complete the research requirement.
- Each student must pass all skill assessments with 85% proficiency.
- Each student must pass all comprehensive skill assessments with 85% proficiency.
- Each student must receive passing clinical experience evaluations.
- Each student must complete a general medical experience.
- Each student must observe at least one surgical procedure.
- Each student must always abide by the Code of Conduct/Ethics established by the University of Northern Iowa, National Athletic Trainers’ Association, and Board of Certification.
- Each student must complete the athletic training major.
- Each student must complete the exit survey.

GRADUATION

The term “graduation” applies to two things: completing your course requirements and participating in the graduation ceremony (commencement).

Completing course requirements

When a student has completed all course requirements, he/she applies for graduation through the Office of the Registrar, see [Application for Graduation](#). Students have seven years from the beginning of their coursework to complete all course requirements ([recency requirements](#)).

Commencement (Graduation Ceremony)

Students may choose to participate in commencement at the end of the Fall or Spring term that their final degree requirements are completed or the next later term. You can officially graduate in the summer term, but there is no summer commencement ceremony. Summer degree candidates may participate in Spring or Fall Commencement. [Information about commencement](#) is available from the Registrar’s Office.

RESOURCES FOR GRADUATE STUDENTS

[University of Northern Iowa Graduate College](#)

[Rod library](#)

[Informational Technology Services \(ITS\)](#)

319-273-5555.

[UNI eLearning](#)

[Financial Aid](#)

[Graduate Assistantships and Scholarships](#)

University of Northern Iowa

Athletic Training Program

Technical Standards for Admission

The Athletic Training Program at the University of Northern Iowa is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge and skills of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Program must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to safely, efficiently, and accurately perform the appropriate physical skills required for delivering essential professional duties using accepted techniques. These duties include but are not limited to: emergency and life-saving techniques (CPR, AED, splinting, heat illness care, etc.), injury and general health examinations; the use of equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively, sensitively, and appropriately with patients, colleagues, and other necessary individuals (i.e. administrators, coaches, parents), including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.

CURRICULAR PLANS

This sequence should be followed unless otherwise instructed by the Athletic Training Program Director.

Master of Athletic Training Pre-Requisite Requirements:

BIOL 2052 General Biology: Cell Structure & Function (or equivalent)	4 cr
BIOL 3101 Anatomy & Physiology I (or equivalent)	4 cr
BIOL 3102 Anatomy & Physiology II (or equivalent)	4 cr
^CHEM 1110 General Chemistry I (or equivalent)	4 cr
^STAT 1772 Introduction to Statistics (or equivalent)	3 cr
^PHYSICS 1511 General Physics I (or equivalent)	4 cr
PSYCH 1101 Introduction to Psychology (or equivalent)	3 cr

^ Satisfactory score on ALEKS exam required for CHEM 1110 (860:044), PHYSICS 1511 (880:054), and STAT 1772 (800:072).

Master of Athletic Training Required Core:

Athletic Training:

AT 5030 Advanced Acute Care in Athletic Training	3 cr
AT 5032 Advanced Acute Care Clinical Skills	1 cr
AT 5100 Advanced Clinical Anatomy	3 cr
AT 5210 Pathoetiology and Orthopaedic Assessment I	3 cr
AT 5215 Pathoetiology and Orthopaedic Assessment I Clinical Skills	1 cr
AT 5270 Advanced Therapeutic Interventions I	3 cr
AT 5072 Advanced Therapeutic Interventions I Clinical Skills	1 cr
**AT 6000 Integrated Clinical Experiences	11 cr
AT 6060 Athletic Training Organization & Professional Responsibility	3 cr
AT 6080 Advanced Therapeutic Interventions II	3 cr
AT 6082 Advanced Therapeutic Interventions II Clinical Skills	1 cr
AT 6130 General Medical Assessment & Referral	3 cr
AT 6150 Advanced Athletic Training Clinical Skills	2 cr
AT 6220 Pathoetiology and Orthopaedic Assessment II	3 cr
AT 6225 Pathoetiology and Orthopaedic Assessment II Clinical Skills	1 cr
AT 6255 Preventative Health Techniques	3 cr
AT 6260 Gross Anatomy & Orthopaedic Surgical Interventions	3 cr
AT 6275 Mental Health Care in Athletic Training Practice	3 cr
**minimum 11 hours, but may be repeated for a maximum of 13 hours over 4-6 semesters	

Research (non-thesis):

AT 6299 Research	3 cr
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Major Total Hours Required 54 cr

Master of Athletic Training Course Sequencing:

Year 1

Summer

AT 5030	Adv Acute Care in AT (3)	3 cr
AT 5032	Adv Acute Care Clinical Skills (1)	1 cr
AT 5100	Advanced Clinical Anatomy (3)	3 cr
AT 5550	Advanced AT Clinical Skills (2)	2 cr
Semester Total Hours		9 cr

Fall

AT 6000	Integrated Clinical Experiences	2 cr
AT 5270	Adv Therapeutic Interventions I	3 cr
AT 5072	Adv Ther Interventions I CI Skills	1 cr
AT 5210	Pathoetiology and Orth Assess I	3 cr
AT 5215	Path and Orth Assess I CI Skills	1 cr
Semester Total Hours		10 cr

Spring

AT 6000	Integrated Clinical Experiences	2 cr
AT 6080	Adv Therapeutic Interventions II	3 cr
AT 6082	Adv Ther Interventions II CI Skills	1 cr
AT 6220	Pathoetiology and Orth Assess II	3 cr
AT 6225	Path and Orth Assess II CI Skills	1 cr
Semester Total Hours		10 cr

Year 2

Fall

AT 6000	Integrated Clinical Experiences	3 cr
AT 6130	Gen Med Assess & Referral	3 cr
AT 6255	Prev Health Tech	3 cr
AT 6260	Gross Anat & Ortho Surg Interv	3 cr
Semester Total Hours		12 cr

Spring

AT 6000	Integrated Clinical Experiences	4 cr
AT 6060	AT Organization & Prof Dev	3 cr
AT 6275	Mental Health Care in AT Practice	3 cr
AT 6299	Non-thesis option	3 cr
Semester Total Hours		13 cr

COMBINED DEGREE OPTION:

The master of athletic training degree is also offered as a 3+2 combined plan with the B.A. in Athletic Training & Rehabilitation Studies degree. The 3+2 program is highly demanding and has a strict curricular plan that must be followed in order for students to complete both an undergraduate and graduate degree in five years. Athletic training faculty advisors will work closely with students to ensure successful progression. Students will apply to the MATR program in the fall of year three. With admission to the MATR program, the courses that will be applied to the master's degree will begin in the summer following year three. Students will complete their master's degree after completion of the spring semester of year five. Although the entry points will differ between the 2-year standalone and 3+2 students, the curriculum will be the same and the students will complete the graduate program as a cohort, regardless of entry point. **Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed.** No exceptions will be made. Students must contact the athletic training program director for more information regarding which plan of study is best for them.

BACHELOR OF ARTS IN ATHLETIC TRAINING & REHABILITATION STUDIES REQUIRED CORE:

Athletic Training:

AT 1010 Intro to AT & Applied Health Care	3 cr
AT 2000 Clinical Health Care Experience	1 cr*
AT 3020 Clinical & Gross Human Anatomy	3 cr
AT 3030 Acute Care in Athletic Training	3 cr
AT 3040 Found Ortho Injury Assess & Path I	3 cr
AT 3050 Found Ortho Injury Assess & Path II	3 cr
AT 4070 Found Ther Interventions	3 cr
AT 4130 General Medical Conditions	3 cr
AT 4160 Evid Based Practice in Health Care	3 cr

Biology:

BIOL 2052 General Biology: Cell Struct & Func	4 cr
BIOL 3101 Anatomy & Physiology I	4 cr
BIOL 3102 Anatomy & Physiology II	4 cr

Chemistry & Biochemistry:

CHEM 1110 General Chemistry I	4 cr^
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Mathematics:

STAT 1772 Introduction to Statistics	3 cr^
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Physics:

PHYSICS 1511 General Physics I	4 cr^
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*Minimum 1 credit, but may be repeated for maximum of 8 credits; one credit per semester.

^ Minimum ALEKS score required

ELECTIVES:

Select a minimum of 3 hours of the following:

Athletic Training:

AT 1018 Prevention & Care of Athletic Injury	2 cr
AT 1019 Prevention & Care of Athletic Injury Lab	1 cr
AT 3300 Gross Human Anatomy	3 cr

Public Health:

PH 1101 Introduction to Public Health	3 cr
PH 2130 Epidemiology of Human Diseases	3 cr
PH 2160 Medical Terminology, Short Course	2 cr
PH 2420 Nutri for Health Promo (prereq: PH 1410)	3 cr
PH 3310 Cultural Competency	3 cr
PH 3330 Minority Health	3 cr
PH 3340 International Health	3 cr

Kinesiology:

KINES 3151 Biomechanics	3 cr
KINES 3153 Physiology of Exercise	3 cr
KINES 3157 Sports Nutrition	3 cr

MASTER OF ATHLETIC TRAINING PRE-REQUISITE

REQUIREMENTS:

BIOL 2052 General Biology: Cell Struct & Func	4 cr
BIOL 3101 Anatomy & Physiology I	4 cr
BIOL 3102 Anatomy & Physiology II	4 cr
^CHEM 1110 General Chemistry I	4 cr
^STAT 1772 Introduction to Statistics	3 cr
^PHYSICS 1511 General Physics I	4 cr
*PSYCH 1001 Introduction to Psychology	3 cr

^ Satisfactory score on ALEKS exam required for CHEM 1110 (860:044), PHYSICS 1511 (880:054), and STAT 1772 (800:072).

MASTER OF ATHLETIC TRAINING REQUIRED CORE:

ATHLETIC TRAINING:

AT 5030 Adv Acute Care in Athletic Training	3 cr
AT 5032 Advanced Acute Care Clinical Skills	1 cr
AT 5100 Advanced Clinical Anatomy	3 cr
AT 5210 Pathoetiology and Ortho Assessment I	3 cr
AT 5215 Path and Ortho Assess I Clinical Skills	1 cr
AT 5270 Advanced Therapeutic Interventions I	3 cr
AT 5072 Adv Ther Interventions I Clinical Skills	1 cr
**AT 6000 Integrated Clinical Experiences	11 cr
AT 6060 AT Org & Professional Responsibility	3 cr
AT 6080 Advanced Therapeutic Interventions II	3 cr
AT 6082 Adv Ther Interventions II Clinical Skills	1 cr
AT 6130 General Medical Assessment & Referral	3 cr
AT 6150 Advanced Athletic Training Clinical Skills	2 cr
AT 6220 Path and Orthopaedic Assessment II	3 cr
AT 6225 Patho and Ortho Assess II Clinical Skills	1 cr
AT 6255 Preventative Health Techniques	3 cr
AT 6260 Gross Anatomy & Ortho Surgical Interv	3 cr
AT 6275 Mental Health Care in AT Practice	3 cr
**minimum 11 hours, but may be repeated for a maximum of 13 hours over 4-6 semesters	

RESEARCH (NON-THESIS):

AT 6299 Research	3 cr
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TOTAL CREDITS (BA & MATR): 157

Athletic Training & Rehabilitation Studies (B.A.) / Master of Athletic Training (M.A.T.R.) Degree Course Sequencing

Year 1

Fall			Spring		
BIOL 2052	General Biology: Cell Str & Func (UNIFI Scientific)	4 cr	AT 2000	Clinical Healthcare Experience*	1 cr
CHEM 1110	General Chemistry I (UNIFI Elective #1)	4 cr	AT 3020	Clinical & Gross Human Anatomy	3 cr
AT 1010	Intro to AT and Clinical Health Care	3 cr	AT 3030	Acute Care	3 cr
	^UNIFI/University Electives	6 cr		†Major elective	3 cr
	Semester Total Hours	17 cr		^UNIFI/University Electives	7 cr
				Semester Total Hours	17 cr

Year 2

Fall			Spring		
BIOL 3101	Anatomy & Physiology I	4 cr	BIOL 3102	Anatomy & Physiology II	4 cr
AT 2000	Clinical Healthcare Experience*	1 cr	AT 2000	Clinical Healthcare Experience*	1 cr
AT 3040	Found of Inj Assessment & Path I	3 cr	AT 3050	Found of Inj Assess & Path II	3 cr
	^UNIFI/University Electives	9 cr		^UNIFI/University Electives	9 cr
	Semester Total Hours	17 cr		Semester Total Hours	17 cr

Year 3

Fall			Spring		
PHYSICS 1511	General Physics I (UNIFI Elective #2)	4 cr	AT 2000	Clinical Healthcare Experience*	1 cr
AT 2000	Clinical Healthcare Experience*	1 cr	AT 4130	General Medical Conditions	3 cr
AT 4070	Found of Ther Interven & Rehab	3 cr	STAT 1772	Intro to Statistical Methods (UNIFI Scientific Reasoning)	3 cr
	^UNIFI/University Electives	10 cr	AT 4160	EBP in Health Care	3 cr
				^UNIFI/University Electives	7 cr
	Semester Total Hours	18 cr		Semester Total Hours	17 cr

Year 4

Summer					
AT 5100	Advanced Clinical Anatomy	3 cr			
AT 5550	AT Advanced AT Clinical Skills	2 cr			
AT 5030	Adv Acute Acute Care in AT	3 cr			
AT 5032	Adv Acute Care Clinical Skills	1 cr			
	Semester Total Hours	9 cr			

Fall			Spring		
AT 6000	Integrated Clinical Experiences	2 cr	AT 6000	Integrated Clinical Experiences	2 cr
AT 5210	Pathoetiology and Orth Assess I	3 cr	AT 6220	Pathoetiology and Orth Assess II	3 cr
AT 5215	Path and Orth Assess I CI Skills	1 cr	AT 6225	Path and Orth Assess II CI Skills	1 cr
AT 5270	Therapeutic Intevention I	3 cr	AT 6080	Therapeutic Intevention II	3 cr
AT 5072	Ther Intevention I CI Skills	1 cr	AT 6082	Ther Intevention II CI Skills	1 cr
	Semester Total Hours	10 cr		Semester Total Hours	10 cr

Year 5

Fall			Spring		
AT 6000	Integrated Clinical Experiences	4 cr	AT 6000	Integrated Clinical Experiences	3 cr
AT 6260	Gross Hum Anat & Ortho Surg Interv	3 cr	AT 6275	Mental Health Care in AT Practice	3 cr
AT 6130	Gen Med Assess & Intervention	3 cr	AT 6060	AT Organization & Prof Dev	3 cr
AT 6299	Non-thesis option	3 cr	AT 6255	Health Assess & Preventative Prac	3 cr
	Semester Total Hours	13 cr		Semester Total Hours	12 cr

^ PSYCH 1001 Introduction to Psychology is MAT.R. prerequisite & fulfills UNIFI Human Conditions Domestic

*Students must take a minimum of one credit (semester) of AT 2000, but may take it for one additional credit each semester, up to 6 credits.

† PH1101 Introduction to Public Health fulfills major elective & UNIFI Responsibility

Students must take BIOL 2052 and CHEM 1110 prior to BIOL 3101.

Students will apply for admission to the MATR program in early fall of Year 3. Acceptance is required before completion of Year 3.

Graduate tuition rate is charged beginning summer year 4.

Undergraduate

Graduate

PROFESSIONALISM AS AN ATS

As students who are in training to become professionals, it is expected that athletic training students conduct themselves as professionals at all times. Students must be conscientious that they represent the UNI Athletic Training Program, the University of Northern Iowa, and the profession of athletic training at all times and must conduct themselves in a manner which will bring dignity and pride to each entity. Students must always abide by the Code of Conduct/Ethics established by the University of Northern Iowa, National Athletic Trainers' Association, and Board of Certification.

Laboratory Classroom Attire:

- During laboratory courses, students must be prepared to be a model patient for their peers. Therefore, students must be dressed to facilitate the learning process of others.
- Tank tops or shorts must be worn as necessary, but should allow personal discretion.
- Clothing should never be unprofessionally revealing.
- Daily hygiene practices should be used prior to arriving to class.
- Cologne, perfume, and scented lotion should be avoided.
- Fingernails should be trimmed short; artificial nails are prohibited.

Professional Attire and Appearance:

Professional appearance during clinical experience is of utmost importance. Any violation of the following will result in an infraction. As a general rule of thumb, athletic training students should always be identifiable as a health care professional; NOT mistaken for a student-athlete.

Identification:

- When participating in clinical experience at any setting/location, students must always wear proper identification. The identification badge must always be visible and should never be altered in any manner.

Clothing:

- An athletic training polo or t-shirt and khaki pants (or other neutral shade such as black or grey) should be worn unless otherwise indicated by a preceptor (jeans, running tights, yoga pants, and cut-offs are prohibited even if approved by a preceptor).
- Clothing should be clean and free of holes and large wrinkles.
- If shorts are approved, they must be khaki or solid black in color.
 - *Shorts must always be past the finger tips in length.*
- Shoes must be clean and close-toed. Laces must be tied.
- Shirts must always be tucked in, with the exception of women's cut polos. Khaki/dress pants must be belted.
- Cold/rain gear may be worn as necessary.
- The following are absolutely prohibited:
 - Jeans, running tights, yoga pants, cut-offs, shorts shorter than finger length, belly/midriff shirts, low neck lines on shirts, low rise jeans/pants that don't properly cover the body when active, open-toed shoes of any kind, even dress shoes.

Hygiene & Grooming:

- Daily personal hygiene practices must include general cleanliness, which eliminates foul body odor (use of deodorant is encouraged). Students should appear clean and well-kept.

- Hair should be clean, combed (no “bed head”), and pulled off the face to facilitate proper application of treatments and other procedures, and to avoid contact with patients.
- Facial hair must be trimmed and neat, if permitted by the preceptor.
- Cologne, perfume, and scented lotion should be avoided.
- Fingernails should be trimmed short; artificial nails are prohibited.

Tattoos & Piercings:

- Students with tattoos and piercings/gauges that are visible when wearing professional attire must be approved by each preceptor.
- Students must be prepared to cover tattoos or remove piercings that may interfere with the ability to provide emergency cardiac care.
- Dangling earrings should be avoided for personal safety reasons.

Professional Relationships:

- Students must maintain professional relationships at all times (athletes, coaches, preceptors, faculty, staff, administrators, peers, etc.). Students choosing to engage in a personal relationship with any of the aforementioned are encouraged to discuss any potential risks and/or consequences with the AT program director and/or coordinator of clinical education.
- Athletic training students are strictly prohibited from engaging in personal relationships with high school athletes.

Social Media:

- Use of social media must be professional at all times.
- Students must be conscientious of how they represent themselves on social media. It is imperative that students maintain a professional standard, even on their personal social media platforms, as they are always a representative of UNI athletic training, the University, and the profession of athletic training.

Communication:

- Communication is a key element to a successful educational experience, both in the classroom and clinical experience.
- Students are expected to maintain utmost professionalism in all interactions, verbal or written.
- During clinical experience orientation, students are to identify the preceptor’s preferred mode of communication.
- Students should be mindful of times of day that they are communicating with their preceptor (i.e. it is typically not appropriate to contact your preceptor between 10:00 p.m. and 6:00 a.m.).
- Written correspondence should always include proper sentence structure (i.e. full sentences, punctuation, and proper grammar). Emails beginning with “Hey....” are inappropriate and will not receive a response.
- Emails should NOT be written in texting format.
- Should a conflict arise, students should communicate directly TO the person with whom there is a conflict. This applies to faculty, preceptors, peers, etc.

Attendance & Tardiness:

- Regular attendance in all athletic training courses is absolutely expected. Routine absence or tardiness will result in a behavioral disciplinary action.

- Students are expected to attend clinical experience as scheduled with each preceptor. Failure to attend clinical experience as scheduled, or habitual tardiness, will result in a behavioral disciplinary action.

Cell phone/technology use:

- At no time should a student use his/her cell phone during class, unless prior permission is granted by the instructor. If a student is caught using his/her cell phone during class, he/she will be excused from class. If cell phone usage occurs during an exam or quiz, the student will receive a score of “0” for that particular exam or quiz and will be subject to further University disciplinary action.
- Online documents may be accessed during class with use of a tablet or laptop.
- Cell phones should never be used for personal reasons during clinical experiences unless approved by the student’s preceptor. If a student uses their cell phone for non-athletic training purposes without prior approval, they will be excused from their clinical experience for the day and will have a meeting with the program director.

Outside employment:

- Athletic training students are permitted to engage in outside employment, but work hours MUST be scheduled around clinical experience, classes, meetings, and other engagements necessary to your professional preparation.

Other Attributes of a Professional:

- Initiative
 - Students who make the most out of their clinical experience and take advantage of each learning opportunity receive the most enjoyment and success in clinical experience. It is the students’ responsibility to initiate the learning process by being inquisitive and ready to learn.
- Attention to deadlines
 - Habitually missing deadlines is highly unprofessional and will not be tolerated.
- Responsibility
 - All athletic training students, just as all college students, are adults and will be treated as such. Students must take ownership of their actions and accept potential consequences of their actions.
- Involvement
 - Being an athletic training student is time-consuming. However, doing just the bare minimum is rarely enough to achieve success. Students should be prepared to become involved in the profession of athletic training outside of academic requirements. It is through these opportunities that students find their true passion for athletic training and enjoyment of sharing their passion with others.

DISCIPLINARY ACTIONS & GRIEVANCES

At the University of Northern Iowa, the athletic training students are expected to follow the student code of conduct as is outlined in the UNI Student Handbook and in the University Policies and Procedures. In addition to these policies, athletic training students must comply with all athletic training major requirements and procedures. In order to maintain a professional atmosphere for learning the following procedures have been developed for infractions, disciplinary actions, and grievances.

There are two levels of disciplinary procedures: Infractions and Disciplinary Actions. The criteria for both are listed below. Three Infractions will constitute a Disciplinary Action. Three Disciplinary Actions of the same type (Behavior or Academic) will result in dismissal from the AT Program.

Infraction Notification

An infraction form may be electronically submitted (ATrack) by a Preceptor or classroom instructor due to inappropriate attire/appearance, misconduct, unexcused absence, repeated tardiness, failure to submit evaluations and/or requested documents on time, or other violations as deemed necessary per AT Program administrators. The form will be placed in the student's file. As a result, there may be a significant reduction in the clinical experience course grade.

Infraction Procedures:

- Each infraction will be documented in ATrack
- The third infraction will result in a disciplinary action

Behavioral Disciplinary Action

Criteria:

- Three infractions documented via ATrack
- Not maintaining current first aid and CPR certifications
- Not attending the annual OSHA training course
- Not turning in *any* required document or certificate
- Not providing annual proof of professional liability insurance
- Habitual unexcused absence from classes or clinical experiences
- Conduct unbecoming of an athletic training student
- Providing health care interventions as an athletic training student while not being properly supervised by a qualified preceptor

Behavioral Disciplinary Action Procedures:

- 1st Action:
 1. Meeting with program director
 2. Probation period for improvement (As determined by the program director)
 3. Contract for improvement

- 2nd Action:
 1. Meeting with program director
 2. Probation for one semester
 3. Contract for improvement
 4. Consideration of one year hold option on AT student status
- 3rd Action:
 1. Expulsion from the program

Academic Disciplinary Action

Academic expectations of all UNI graduate students will also apply to UNI Athletic Training Students. UNI Athletic Training Students must obtain a grade of C+ in all coursework. A cumulative grade index of 3.00 (B average) must be earned in all courses required for the degree or applying to the degree. No more than six (6) semester hours of C credit (C+, C, C-) may be applied toward credit for graduation. When C-range grades on the advisement report exceed the six hour limit, one or more of such courses *must* be repeated. A course taken to satisfy degree requirements in which a student receives a D+, D, D- F or NC grade will not be considered satisfactory and *must* be repeated. **The original grade for any repeated course will be included in the computation for the Plan GPA, as well as in the overall cumulative GPA.**

- **Probation, Suspension, and Readmission**

A student who has attempted 9 to 17 semester hours in a program of study and attained a cumulative GPA less than 3.00 in that program will be placed on probation. If the student attempts 8 or more hours while on probation without qualifying as a degree candidate (GPA of 3.00), the student is reviewed at the end of the term for suspension from graduate degree programs. A student who has attempted 18 or more semester hours in a program of study and attained a cumulative GPA less than 3.00 in that program will be suspended. Students placed on academic suspension cannot enroll in non-degree graduate status or take courses in the student's program of study during the year of academic suspension.

- **Reinstatement**

When a student is suspended, at least one calendar year must elapse before application for readmission to a graduate degree program may be made. After one full calendar year on suspension, a suspended student who wishes to enroll in classes must submit an Application for Readmission to Graduate Study and receive approval from the graduate program/department and the Graduate College for reinstatement and removal from suspension. The Application for Readmission to Graduate Study is not available online. It may only be obtained in the Graduate College.

A student reinstated after suspension who fails to attain a cumulative GPA of 3.00 in the program of study for the first enrollment period will be permanently

suspended from the graduate program. In determining a graduate student's grade index, all graded course work attempted at this university within the student's program of study will be used as a basis of computation. **If the student does not yet have a program of study** (this can occur if the student's admission file is incomplete), **all graduate courses will be used as a basis of computation. If a graduate student repeats a course, both grades will be used in computing the index.**

If a student feels there has been some procedural irregularity concerning her/his suspension from the university, the student may request a review by the Graduate College. This review may be conducted by the Dean of the Graduate College (or her/his designee).

Grievances

In the event that an athletic training student has a grievance against faculty, staff, preceptors, athletes, or fellow students the following guidelines should be considered:

Criteria for Grievance:

- Harassment
- Unfair Practices
- Dishonesty
- Lack of professionalism
- Other

Procedures:

- a. Confront the individual with the grievance so that you can assure that there is not some form of miscommunication.
- b. Try to work out the grievance with the individual.
- c. If the problem cannot be resolved, inform the individual that you are planning on filing a grievance.
- d. Fill out a grievance form within the appendices and submit it to the program director. In the event the grievance is against the program director, submit the complaint to the Head of the Department of Health, Recreation, and Community Services.
- e. Once the grievance is received the AT program director will consult with all parties to achieve resolution. Should resolution not be reached, the Head of the Department of Health, Recreation, and Community Services will be consulted.

CLINICAL EDUCATION

The clinical education component of the UNI Athletic Training Program is designed to provide learning opportunities to prepare students for independent clinical practice. This component also involves interprofessional education where students learn about, from, and with other healthcare professions. Students will have the opportunity to practice and apply skills in the classroom, simulation, and clinical experiences. All CAATE Curricular Content Standards will be assessed didactically and clinically.

On a typical day, students must be available in the morning for class (8am-12pm) and in the afternoons for clinical experience (2pm-7pm) (times vary depending on site). Students must also be available nights and weekends for clinical assignments as needed.

Students must be aware that the practice of athletic training is regulated under licensure in the state of Iowa, as it is in most states. Therefore, providing athletic training services without the direct supervision of a preceptor is in direct violation of the State of Iowa Athletic Training Practice Act. All violators are subject to legal ramification.

INTEGRATED CLINICAL EXPERIENCE (AT 6000)

The Integrated Clinical Experience course (AT 6000) provides comprehensive experiences in athletic training education. The course provides for the opportunity to complete a required clinical experience, contained in a class, that spans a minimum of 2 years. Specific objectives of the Integrated Clinical Experience course are directly related to the mastery and application of the curricular content standards assigned to each Integrated Clinical Experience section.

STUDENTS' RESPONSIBILITIES:

The athletic training student is responsible for the following with regards to the clinical education courses and the curricular content standards:

1. Utilize the time in class to practice curricular content standards and receive direct feedback from the instructor.
2. Pass designated curricular content standards.
3. Provide their preceptor with weekly updates regarding curricular content standards progress.
4. Utilize the skills in clinical experience, once they pass the assessment with 85% proficiency.

INSTRUCTOR'S RESPONSIBILITIES:

All of the following are the responsibilities of the instructor:

1. Teach all of the designated athletic training curricular content standards correctly.
2. Allow the athletic training students time to practice curricular content standards.
3. Give helpful and positive feedback to the athletic training students while they practice and learn the curricular content standards.

4. Use a variety of instructional strategies when teaching the curricular content standards.
5. Correctly evaluate the athletic training students on all curricular content standards.
6. Accurately document student grades and proficiency assessment.
7. Maintain current certification as a preceptor.

CLINICAL EXPERIENCE

Students are required to successfully complete clinical experiences over two academic years. Athletic training clinical experiences are used to verify students' abilities to meet the curricular content standards. Each clinical experience provides opportunities for students to informally and kinesthetically apply what they have learned in the classroom. Students are allowed to participate in clinical experiences after all required documentation has been submitted to the AT Program Director (refer to Program Retention Policy).

All students will be provided the opportunity to gain experience with patients with a variety of health conditions commonly seen in athletic training practice. Students will also have clinical practice opportunities with varied patient populations, including, but not limited to "clients/patients throughout the lifespan (e.g. pediatric, adult, elderly); of different sexes; with different socioeconomic statuses; of varying levels of activity athletics (e.g. competitive, recreational, individual and team activities, high and low intensity activities); and non-sport populations (e.g. participants in military, industrial, occupational, leisure activities)" (CAATE Standards for Professional Programs).

CLINICAL EXPERIENCE CURRICULAR CONTENT STANDARD ASSESSMENTS:

All curricular standards will be assessed didactically and clinically. Each student will be given a binder that contains Curricular Content Standards 56-94. Each semester students will be given a list of Standards that must be assessed in clinical experience that particular semester. It is the student's responsibility to ensure that all assigned Standards have been assessed by a preceptor by the end of the semester. Some designated Standards may be carried over to subsequent semesters for assessment; however, all assigned Curricular Content Standards must be assessed and achieve competency or proficiency to successfully complete program requirements and graduate. Preceptors must provide instruction on the Curricular Content Standard before the student is evaluated. Preceptors will evaluate performance of the Standard using the assigned rubric provided in the portfolio. The evaluation rubric scale contains the following categories: remedial, emerging, competent, & proficient. Preceptors must also sign and date the evaluation. There is an optional section for preceptors to provide feedback, which is recommended but not required. The student is required to describe the learning opportunities provided by the preceptor that were associated with the Standard and describe how the mentioned learning experience(s) provided preparation to perform the skills associated with the Standard.

ROTATIONS:

Descriptions of the clinical experience requirement according to year in the program (1 or 2) are provided below. Clinical experience hours will be documented using ATrack. Each student must complete each clinical experience requirement in order to successfully complete the Integrated Clinical Experience courses. The grade earned in each Integrated Clinical Experience course will be partially based upon the grade received in clinical experiences as determined by the clinical experience preceptor.

First Year Students:

The first year athletic training students will rotate through four seven/eight-week clinical rotations on or off-campus and may include non-sport patient populations. First year students should obtain 15 hours of clinical experience each week (minimum hours/week = 5; maximum hours/week = 20) in the first semester and 20 hours (minimum hours/week = 10; maximum hours/week = 25) in the second (spring) semester.

Second Year Students:

The second year of clinical experience will begin with the second summer term of the program. During this term, students will be required to complete a 2-week preseason immersive experience. During the fall and spring semesters of the second year, students will rotate through four seven/eight-week clinical rotations on or off-campus which may also include non-sport patient populations. Second year students should obtain 20 hours of clinical experience a week during the fall and spring semesters (minimum hours/week = 10; maximum hours/week = 30). During the fall term, students will be required to complete 24 hours of General Medical experience hours (see below for further details). In the Spring, students will complete at least one immersive experience for a minimum continuous 4-week period (see below for further details).

GENERAL MEDICAL EXPERIENCES:

As part of the Integrated Clinical Experience course requirement in the second fall term, students will complete 24 hours of general medical experience. As per CAATE Standards, general medical experiences allow students the opportunity to interact with non-sport patient populations; and a variety of conditions (e.g., behavioral, musculoskeletal, neurological, endocrine, dermatological, cardiovascular, respiratory, gastrointestinal, etc). They will take place in various family practice facilities and community health clinics where the majority of cases seen are general medicine or acute physical ailments.

ATHLETIC TRAINING IMMERSIVE EXPERIENCE:

A 2-week preseason immersive experience will take place in the second summer term of the program.

A culminating immersive experience will take place at the end of the second spring semester that is at minimum 4-weeks in length. The minimum average of hours per week is 30 hours, and the maximum average hours per week is 50 hours. Educational

activities outside of the immersive clinical experience will not detract from the nature of the immersive clinical experience.

DOCUMENTING CLINICAL EXPERIENCES:

Hours:

Each student is responsible for logging his or her individual hours of clinical experience using ATrack. Students must log their hours within 6 days. All special circumstances should be discussed with the clinical education coordinator before the deadline.

If an AT student will not be able to achieve the minimum number of hours in a week, or if he/she chooses to volunteer over the maximum hours in a week, he/she must inform an AT Program administrator. Without approval on a recurring basis, disciplinary action may ensue.

Patient encounters:

Each student is responsible for documenting patient encounters in ATrack at each clinical site to provide evidence of their ongoing development.

DOCUMENTING INTERACTIONS WITH OTHER HEALTH CARE PROFESSIONALS:

Each student is responsible for logging his or her interaction with any other Health Care / Medical Professional other than their preceptor during their clinical experience rotation using the Preceptor Evaluation Form in ATrack.

DOCUMENTING TIME AT GENERAL MEDICAL EXPERIENCES:

Each student is responsible for logging his or her individual hours at their General Medical experience. Using the “UNI Athletic Training Program General Medical Experience Log Sheet” (can be printed via ATrack) the student should indicate the date, time in, time out, hours, total hours, location, and have the Allied Health Care Professional who they observed sign it. The log sheet needs to be uploaded to ATrack Documents at the conclusion of the experience. Additionally, the General Medical Experience Evaluation forms must be uploaded to ATrack documents upon completion of the experience. All special circumstances should be discussed with the clinical education coordinator before the deadline.

SURGICAL OBSERVATIONS:

All students must observe a minimum of one surgical procedure. This process will be facilitated through AT 6260 Gross Human Anatomy & Orthopedic Surgical Interventions.

PRECEPTOR RESPONSIBILITIES:

A preceptor must function to:

1. Provide an active, stimulating environment appropriate for the learning needs of the student(s).
2. Directly supervise the athletic training student(s) at all times.

3. Provide instruction and opportunities for the student(s) to develop competency of all CAATE curricular content standards, communication skills, and clinical decision-making during actual patient/client care.
4. Assess students' abilities to meet all CAATE curricular content standards, including communication skills and clinical decision-making during actual patient/client care.
5. Facilitate the clinical integration of skills, knowledge, and evidence of contemporary clinical expertise in the practice of athletic training.

PRECEPTOR REQUIREMENTS:

1. There must be regular communication between the program and the preceptor.
2. A preceptor must demonstrate understanding of and compliance with the program's policies and procedures.
3. A preceptor must provide the UNI AT Program with a current affiliation agreement.
4. A preceptor must be credentialed by the state in a health care profession.
 - a. A preceptor must provide the UNI AT Program with all current certification and licensure documentation.
5. A preceptor must receive planned and ongoing education from the program designed to promote a constructive learning environment.
 - a. A preceptor must attend a preceptor workshop every three years.
6. Students must be directly supervised by a preceptor during the delivery of athletic training services. The preceptor must be physically present and have the ability to intervene on behalf of the athletic training students and the patient.
7. A preceptor must provide the UNI AT Program with updated venue-specific written Emergency Action Plans (EAPs) that is based on well-established national standards or institutional offices charged with institution-wide safety (e.g. position statement, occupational/environmental safety office, police, fire, and rescue).
8. A preceptor must ensure that each student is oriented to the site's policies and procedures at the beginning of each experience. This must include:
 - a. Critical incident response procedures (e.g. emergency action plans)
 - b. Blood-borne pathogen exposure plan
 - c. Communicable and infectious disease policies
 - d. Documentation policies and procedures
 - e. Patient privacy and confidentiality protections
 - f. Plan for clients/patients to be able to differentiate practitioners from students

The Clinical Experience Orientation Form will assist in the orientation process.

9. A preceptor must provide proof (annually) that therapeutic equipment was inspected, calibrated, and maintained according to the manufacturer's recommendation, or by federal, state or local ordinance.
10. A preceptor must evaluate each assigned student at the conclusion of each rotation using the Student Evaluation form in ATrack. Preceptors should schedule a meeting with each assigned student to discuss their evaluation.
11. A preceptor must approve each assigned students logged hours hours and patient encounters in ATrack.

CLINICAL EXPERIENCE INFRACTION NOTIFICATION

An infraction form may be electronically submitted (ATrack) by a Preceptor or classroom instructor due to inappropriate attire/appearance, misconduct, unexcused absence, repeated tardiness, and/or failure to submit evaluations and/or requested documents on time. The form will be placed in the student's file. As a result, there may be a significant reduction in the clinical experience course grade.

CLINICAL EXPERIENCE COMPLIMENT NOTIFICATION

A Preceptor or classroom instructor may electronically submit (ATrack) a compliment form on behalf of any student to recognize outstanding knowledge, skills, and/or behaviors.

CLINICAL SITE VISITS:

All clinical education sites must be evaluated by the program on an annual and planned basis. The Coordinator of Clinical Education will conduct regular site visits (minimum of 1 per year) throughout the year as a means to communicate with the preceptor, ensure compliance of policies and procedures, and observe the athletic training student(s) in the clinical setting.

STUDENT RESPONSIBILITIES:

Each clinical experience site will have different expectations for the athletic training student. It is the responsibility of the student and the preceptor to identify these expectations. Although each site will have different duties, responsibilities, and policies there are general responsibilities that each student should follow, including:

1. Each athletic training student should report as instructed and arrive on time as designated by their preceptor.
2. Students must notify their preceptor at least 48 hours in advance of a planned absence.
3. Each student should discuss and complete all portions of the Clinical Experience Orientation Form with their preceptor on the first day of clinical experience.
4. Each student should dress professionally and appropriately according to the preceptor's expectations. Yoga pants are not professional attire. Shorts must be longer than the student's fingertips when arms are at their side.
5. Cell phones should never be used for personal reasons during clinical experiences unless approved by the student's preceptor.
6. Each student should adhere to the NATA code of ethics and professionalism at all times.
7. Each student should keep all patient/athlete care confidential.
8. Each student should never be under the influence of alcohol or any drug while representing the UNI AT Program.
9. No profane language or vulgarity should ever be used by an athletic training student.
10. Each student should be inquisitive and willing to learn at all times.
11. Each student should be dependable and responsible.
12. Each student should log hours and patient encounters in ATrack.
13. Each student should complete a preceptor evaluation in ATrack at the end of each experience.

14. Each student should complete a self evaluation in ATRack at the end of each experience.

Each student must successfully complete all Clinical Experience Curricular Content Standards assessments (achieving competency or proficiency).

STUDENT PERSONAL TRAVEL:

All athletic training students are strongly encouraged to maintain their own auto insurance policy as each student will be individually responsible for his/her transportation to and from the clinical experience site. The University of Northern Iowa and the Athletic Training Program are not liable for any misfortune that may occur to the student or the student's vehicle while traveling to and from the clinical experience site. Furthermore, all athletic training students shall not transport a patient or student-athlete (high school or collegiate) to or from a medical appointment, athletic practice, athletic event or other related affair in their personal vehicle. In addition, athletic training students shall not use their personal vehicles for hauling coolers, medical kits, etc or for running errands for their preceptors. In the event the athletic training student does not comply with this policy they will be subject to disciplinary action as outlined in the AT student handbook.

PROFESSIONAL LIABILITY INSURANCE:

Students must purchase and maintain professional liability insurance. Proof of such must be submitted to the AT Program Director on an annual basis.

DIRECT SUPERVISION:

The policy of the University of Northern Iowa Athletic Training Program with regards to direct supervision of athletic training students is:

“Direct supervision of athletic training students involved in the clinical experience portion of the Athletic Training Program means that the preceptor will be physically present and have the ability to intervene on behalf of the athletic training student and the patient.”

(CAATE Standards Clinical Education Terminology)

It is expected that all athletic training students will be directly supervised by their preceptor at all times. Students are expected to report involvement in or knowledge of situations in which direct supervision is not properly provided. Failure to report these situations could result in disciplinary action.

CONFIDENTIALITY/HIPAA:

During clinical experience athletic training students will learn things about patients and athletes that must remain confidential. Each athletic training student is required to complete HIPAA training and submit the completion certificate(s).

TRAVELING:

During the clinical experience many athletic training students will have the opportunity to travel. Students may accompany their preceptor; however, students must be directly supervised by a preceptor while they are traveling. Unsupervised student travel is

strictly prohibited. The athletic training student may not travel with the team in the event that the preceptor is not traveling.

EVALUATIONS:

Student Evaluations:

Athletic training students are evaluated by his/her preceptor at the end of each clinical experience rotation. Preceptors evaluate students' personal attributes, professional attributes, and curricular content standards. Preceptors will give the student an overall grade for the rotation, which will be a component of their Clinical Integration grade. The athletic training student should carefully read the student clinical experience evaluation form to understand how they will be evaluated. All evaluations are submitted through ATrack. Once the preceptor has completed the evaluation he/she should schedule a time with the student to discuss their evaluation. Students who receive a grade of "C" or lower from their preceptor must meet with the Coordinator of Clinical Education.

Student Self Evaluations:

Each student will complete a self-evaluation at the end of each clinical experience rotation. The evaluation is submitted through ATrack. The self-evaluation should be compared to the evaluation completed by their preceptor and any concerns should be discussed.

Preceptor Evaluation:

Preceptors will be evaluated by their assigned students at the end of each clinical experience rotation. The evaluation is submitted through ATrack.

UNI AT Program Evaluation of the Preceptor:

The program administrators will complete an evaluation of each clinical site at the end of the year. This form is used to evaluate the preceptor's compliance with the standards and guidelines for the UNI AT Program. The evaluation is based on information from 1) the program administrators' communications with the clinical experience site preceptors, 2) the clinical education coordinator's site visit(s), 3) students' evaluations and comments.

ATHLETIC TRAINING STUDENT CLASS ABSENCE DUE TO TEAM TRAVEL POLICY:

Athletic Training Students bear the responsibility of informing their professors of upcoming class absences due to team travel. Students should refer to their course syllabus carefully on assignment completion for any given class. Students are responsible for understanding and meeting the instructor's expectations. Students also are responsible for communicating with faculty prior to missing scheduled assignments and for making arrangements with faculty to complete all missed assignments. The Athletic Training Coordinator of Clinical Education will provide a form that will list each class missed due to team travel that can be shared with faculty (See Appendix).

University of Northern Iowa Non-Discrimination Statement

No person shall be excluded from participation in, be denied the benefits of, or be subjected to discrimination in employment, any educational program, or any activity of the University, on the basis of age, color, creed, disability, gender identity, national origin, race, religion, sex, sexual orientation, veteran status, or on any other basis protected by federal and/or state law.

The University of Northern Iowa prohibits discrimination and promotes affirmative action in its educational and employment policies and practices as required by Title IX of the Educational Amendments of 1972, the Americans with Disabilities Act of 1990, Section 504 of the Rehabilitation Act of 1973, Title VII of the Civil Rights Act of 1964 and other applicable laws and University policies. The University of Northern Iowa prohibits sexual harassment, including sexual violence.

The following person has been designated to handle inquiries regarding the non-discrimination policies and serves as the University Title IX Officer: Leah Gutknecht, Assistant to the President for Compliance and Equity Management, Office of Compliance and Equity Management, 117 Gilchrist Hall, UNI, Cedar Falls, IA 50614-0028, 319-273-2846, leah.gutknecht@uni.edu

University of Northern Iowa Athletic Training Program Non-Discrimination Policy Statement

The University of Northern Iowa Athletic Training Program is committed to a policy of equal opportunity and non-discrimination in all aspects of the program without regard to race, national origin, color, religion, sex, age, disability, sexual orientation, or any other basis protected by law.

CLINICAL EXPERIENCE SITES

ACE-SAP Free Clinic	207 Logan Avenue Waterloo, IA 50703
Aplington-Parkersburg High School	610 N Johnson St Parkersburg, IA 50665
Cedar Valley Primary Care & Walk-in Clinic	4006 Johnathon St. Ste B Waterloo, IA 50701
CVMS Occupational Rehabilitation	1631 Logan Ave. Waterloo, Iowa 50703
Columbus High School	3231 W 9th St Waterloo, IA 50702
Dike-New Hartford High School	330 Main St. Dike, IA 50624
Hawkeye Community College	1501 East Orange Road Waterloo, IA 50704
Jesup High School	531 Prospect Street Jesup, IA 50648
Northeast Iowa Physical Therapy	2351 Hudson Rd., Ste. 164 Cedar Falls, IA 50613 (W) 319-273-5265
Peoples Community Health Clinic	905 Franklin Street Waterloo, IA 50703
Union High School	200 Adams St. La Porte City, IA 50651
University of Northern Iowa	UNI Men's Basketball UNI Women's Basketball UNI Men's Football UNI Men's and Women's Track & Field UNI Men's and Women's Cross Country UNI Women's Softball UNI Men's Wrestling UNI Women's Volleyball UNI Women's Soccer UNI Women's Swim & Dive UNI Men's and Women's Golf UNI Women's Tennis
Waterloo Blackhawks Hockey	125 Commercial St. Waterloo, IA 50701
Waterloo East High School	214 High Street Waterloo, IA 50703
Waterloo West High School	425 East Ridgeway Ave Waterloo, IA 50702
Waverly-Shell Rock High School	1415 4 th Ave SW Waverly, IA 50677

ATHLETIC TRAINING EDUCATIONAL FACILITIES

Athletic Training Classroom

Athletic Training Reception Area

Athletic Training Conference Room

Athletic Training Service Areas

Athletic Training Hydrotherapy Room

HPC Athletic Training Room

McLeod Center Athletic Training Room

West Gym Athletic Training Room

Human Anatomy Laboratory

Athletic Training Research Laboratory

KITCHEN AREA:

Students are welcome to use the sink, microwave, coffee makers, and refrigerator located in the athletic training area. However, students must clean up all messes and must label everything that is stored in the refrigerator or freezer. Unmarked items may be thrown away. If the usage of these appliances is abused at any time, they will be prohibited from all students.

CLEAN UP:

Athletic training students, faculty and staff should keep all areas clean at all times. All equipment should be put away at the end of each day.

MAILBOXES:

In the athletic training reception area there are student mailboxes. These mailboxes are to be used strictly for athletic training educational purposes. At no time should the mailboxes be used for storage of personal or non-athletic training related items. Additionally, athletic training students should not store rehab programs, forms, candy, attire, or other miscellaneous items. Mailboxes are strictly for communication purposes within our program and should be checked and emptied on a regular basis.

LOCKERS:

Students may see the AT student front desk worker if they are interested in using an AT locker.

SCHOLARSHIPS

NATA RESEARCH AND EDUCATION FOUNDATION MASTERS SCHOLARSHIP:

- **\$2300.00 award**
- Application Deadline: February 1st
- Download application form from www.natafoundation.org

DISTRICT V POSTGRADUATE SCHOLARSHIP

- **\$500.000 Award**
- Applications Accepted October 1st – January 15th
- Applications available at www.maata.net
- **Criterion:**
 - The applicant shall signify their intention to continue academic work beyond the baccalaureate degree as a full time graduate student and shall be judged capable of graduate study by their major advisor or major department head. Otherwise, the applicant must be enrolled in a graduate degree program with one or more years remaining.
 - The applicant must have a GPA of "B" (3.0 on a 4.0 scale) or above in their major field. This is to be verified by the department head in the major field or their designate.
 - The applicant must have accumulated clinical experience hours as a student trainer for a continuous period of at least one academic year prior to the date of application.
 - The applicant must be nominated by a Certified Athletic Trainer who is a current member in good standing of the Mid-America Athletic Trainers Association and the National Athletic Trainers Association. No more than one candidate may be nominated by each Certified Athletic Trainer.
 - The applicant must have been a member of the National Athletic Trainers Association for at least one year prior to their date of application and enrolled in an educational institution in District V.
 - It must be the intent of the applicant to pursue the profession of athletic training or related field as a means of livelihood.

IOWA ATHLETIC TRAINERS' SOCIETY GRADUATE SCHOLARSHIP

- Application deadline: March 15th
- Applications available: www.iowaats.com
- **Criterion:**
 - Applicant must be a member of the National Athletic Trainers' Association (NATA) at the time of application and hold the ATC credential or be eligible to sit for the BOC exam.
 - Applicant must be a graduate student of a graduate program in Iowa, in the year of this application
 - Applicant must have a cumulative GPA of at least 3.2 (based on 4.0 scale) for ALL graduate courses to date including the Fall term of the year of application.
 - Applicant must the intention of pursuing athletic training as a career.

Internal Funding for Student Research and Travel

Purpose:

The Intercollegiate Academics Fund (IAF) is a yearly allocation of Student Activity Fee monies that exists to promote and support intercollegiate academic experiences for University of Northern Iowa students. The fund is designed in particular to encourage individual students and student groups with direct links to academic programs and departments to participate in academic competitions and conference presentations at state, regional, national, and international levels. The IAF supports the educational and professional development of students in their academic areas as well as leadership development for various student groups.

Priority for funding is given to students participating in intercollegiate academic competitions and presentations at professional conferences. Funding is also available to assist in conducting research.

Policy and Procedure Changes

Policy and Procedures of the UNI Athletic Training Program will change on occasion. In the event of a change each student will receive a copy of the change. Each student is required to place that copy within their student handbook.

Appendices

NATA CODE OF ETHICS

Revised May 2022

Preamble

The National Athletic Trainers' Association Code of Ethics states the principles of ethical behavior that should be followed in the practice of athletic training. It is intended to establish and maintain high standards and professionalism for the athletic training profession. The principles do not cover every situation encountered by the practicing athletic trainer, but are representative of the spirit with which athletic trainers should make decisions. The principles are written generally; the circumstances of a situation will determine the interpretation and application of a given principle and of the Code as a whole. When a conflict exists between the Code and the law, the law prevails.

The National Athletic Trainers' Association respects and values diversity amongst its members and patients served. Our members work respectfully and effectively with diverse patient populations in varied healthcare environments. The NATA prohibits discrimination based on race, ethnicity, color, national origin, citizenship status, religion (creed), sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, military status, family/parental status, income and socioeconomic status, political beliefs, or reprisal or retaliation for prior civil rights activity, or other unlawful basis, in any program or activity conducted or funded by the NATA (VATA, 2020).

Important Professional Values (PV) shared by the NATA membership include: 1) Caring & Compassion, 2) Integrity, 3) Respect, 4) Competence, and 5) Accountability. These shared PV underpin the NATA Code of Ethics, motivate honorable interpersonal behaviors, and conduct in member's interactions with all persons.

The Appendix to the Code of Ethics reveals a definition and sample behaviors for each shared PV.

PRINCIPLE 1. IN THE ROLE OF AN ATHLETIC TRAINER, MEMBERS SHALL PRACTICE WITH COMPASSION, RESPECTING THE RIGHTS, WELL-BEING, AND DIGNITY OF OTHERS (PRINCIPLE 1 is associated with the PV of Respect, Caring & Compassion, and Competence.)

1.1 Members shall act in a respectful and appropriate manner to all persons regardless of race, religion, age, sex, ethnic or national origin, disability, health status, socioeconomic status, sexual orientation, or gender identity and expression.

1.2 Member's duty to the patient is the first concern, and therefore members are obligated to place the well-being and long-term well-being of their patient above other stakeholders to provide competent care in all decisions, and advocate for the best medical interest and safety of their patient as delineated by professional statements and best practices.

1.3 Members shall preserve the confidentiality of privileged information and shall not release or otherwise publish in any form, including social media, such information to a third party not involved in the patient's care without a release unless required by law.

PRINCIPLE 2. MEMBERS SHALL COMPLY WITH THE LAWS AND REGULATIONS GOVERNING THE PRACTICE OF ATHLETIC TRAINING, NATIONAL ATHLETIC TRAINERS' ASSOCIATION (NATA) MEMBERSHIP STANDARDS, AND THE NATA CODE OF ETHICS (PRINCIPLE 2 is associated with the PV of Accountability.)

2.1. Members shall comply with applicable local, state, federal laws, and any state athletic training practice acts.

2.2. Members shall understand and uphold all NATA Standards and the Code of Ethics.

2.3. Members shall refrain from, and report illegal or unethical practices related to athletic training.

2.4. Members shall cooperate in ethics investigations by the NATA, state professional licensing/regulatory boards, or other professional agencies governing the athletic training profession. Failure to fully cooperate in an ethics investigation is an ethical violation.

2.5. Members must not file, or encourage others to file, a frivolous ethics complaint with any organization or entity governing the athletic training profession such that the complaint is unfounded or willfully ignore facts that would disprove the allegation(s) in the complaint.

2.6. Members shall refrain from substance and alcohol abuse. For any member involved in an ethics proceeding with NATA and who, as part of that proceeding is seeking rehabilitation for substance or alcohol dependency, documentation of the completion of rehabilitation must be provided to the NATA Committee on Professional Ethics as a requisite to complete a NATA membership reinstatement or suspension process.

PRINCIPLE 3. MEMBERS SHALL MAINTAIN AND PROMOTE HIGH STANDARDS IN THEIR PROVISION OF SERVICES (PRINCIPLE 3 is associated with the PV of Caring & Compassion, Accountability.)

3.1. Members shall not misrepresent, either directly or indirectly, their skills, training, professional credentials, identity, or services.

3.2. Members shall provide only those services for which they are qualified through education or experience and which are allowed by the applicable state athletic training practice acts and other applicable regulations for athletic trainers.

3.3. Members shall provide services, make referrals, and seek compensation only for those services that are necessary and are in the best interest of the patient as delineated by professional statements and best practices.

3.4. Members shall recognize the need for continuing education and participate in educational activities that enhance their skills and knowledge and shall complete such educational requirements necessary to continue to qualify as athletic trainers under the applicable state athletic training practice acts.

3.5. Members shall educate those whom they supervise in the practice of athletic training about the Code of Ethics and stress the importance of adherence.

3.6. Members who are researchers or educators must maintain and promote ethical conduct in research and educational activities.

PRINCIPLE 4. MEMBERS SHALL NOT ENGAGE IN CONDUCT THAT COULD BE CONSTRUED AS A CONFLICT OF INTEREST, REFLECTS NEGATIVELY ON THE ATHLETIC TRAINING PROFESSION, OR JEOPARDIZES A PATIENT'S HEALTH AND WELL-BEING. (PRINCIPLE 4 is associated with the PV of Respect.)

4.1. Members should conduct themselves personally and professionally in a manner, that reflects the shared professional values, that does not compromise their professional responsibilities or the practice of athletic training.

4.2. All NATA members, whether current or past, shall not use the NATA logo or AT logo in the endorsement of products or services, or exploit their affiliation with the NATA in a manner that reflects badly upon the profession.

4.3. Members shall not place financial gain above the patient's well-being and shall not participate in any arrangement that exploits the patient.

4.4. Members shall not, through direct or indirect means, use information obtained in the course of the practice of athletic training to try and influence the score or outcome of an athletic event, or attempt to induce financial gain through gambling.

4.5. Members shall not provide or publish false or misleading information, photography, or any other communications in any media format, including on any social media platform, related to athletic training that negatively reflects the profession, other members of the NATA, NATA officers, and the NATA office.

Athletic Training's Shared Professional Values

Established from research conducted by the NATA Professional Responsibility in Athletic Training Committee in 2020, the following are the five shared professional values of athletic training.

Caring & Compassion is an intense concern and desire to help improve the welfare of another. Sample behaviors include: 1) Listening for understanding and a readiness to help. 2) Focusing on achieving the greatest well-being and the highest potential for others. 3) Spending the time needed to provide quality care.

Integrity is a commitment that is internally motivated by an unyielding desire to do what is honest and right. Sample behaviors include: 1) Providing truthful, accurate and relevant information. 2) Abiding by the rules, regulations, laws and standards of the profession. 3) Using applicable professional standards and established policies and procedures when taking action or making decisions.

Respect is the act of imparting genuine and unconditional appreciation and value for all persons. Sample behaviors include: 1) Engaging in active listening when communicating with others. 2) Acknowledging and expressing concern for others and their well-being. 3) Acting in light of the belief that the person has value.

Competence is the ability to perform a task effectively with desirable outcomes. Sample behaviors include: 1) Thinking critically, demonstrating ethical sensitivity, committing to evidence-based practice, delivering quality skills and effective collaboration. 2) Making sound decisions while demonstrating integrity. 3) Ongoing continuous quality assessment and improvement.

Accountability is a willingness to be responsible for and answerable to one's own actions. Sample behaviors include: 1) Acknowledging and accepting the consequences of one's own actions. 2) Adhering to laws, codes, practice acts and standards that govern professional practice. 3) Assuming responsibility for learning and change.

Hepatitis B Vaccine Information Sheet

The Disease:

Hepatitis B is a viral infection caused by hepatitis B virus (HBV), which causes death in 1-2% of patients. Most people with hepatitis B recover completely, but approximately 5-10% becomes chronic carriers of the virus. Most of these people have no symptoms, but can continue to transmit the disease to others. Some may develop chronic active hepatitis and cirrhosis. HBV also appears to be a causative factor in the development of liver cancer. Thus, immunization against hepatitis B can prevent acute hepatitis and also reduce sickness and death from chronic active hepatitis, cirrhosis, and liver cancer.

The Vaccine:

RECOMBIVAX[®] HB (Hepatitis B Vaccine Recombinant) is a non-infectious subunit viral vaccine derived from hepatitis B surface antigen (HBsAG) produced in yeast cells. A portion of the hepatitis B virus gene, coding for HBsAG, is cloned into yeast, and the vaccine for hepatitis B is produced from cultures of this recombinant yeast strain according to methods developed in the Merck, Sharp, & Dohme Research Laboratories. The vaccine against hepatitis B, prepared from recombinant yeast cultures, is free of association with human blood or blood products. Each lot of hepatitis B vaccine is tested for safety, in mice and guinea pigs and for sterility.

A high percentage of healthy people who receive two doses of vaccine and a booster achieve high levels of surface antibody (anti-HBs) and protection against hepatitis B. Persons with immune-system abnormalities, such as dialysis patients, have less response to the vaccine, but over half of those receiving it do develop antibodies. Full immunization requires three (3) doses of vaccine over a six-month period although some persons may not develop immunity even after three (3) doses. There is no evidence that the vaccine has ever caused hepatitis B. However, persons who have been infected with HBV prior to receiving the vaccine may go on to develop clinical hepatitis in spite of immunization. The duration of immunity is unknown at this time.

Possible Vaccine Side Effects:

The incidence of side effects is very low. No serious side effects have been reported with the vaccine. A few persons experience tenderness and redness at the site of injection. Low-grade fever may also occur. Rash, nausea, joint pain, and mild fatigue have also been reported. The possibility exists that more serious side effects may be identified with more extensive use.

Due to the inherent nature and danger of the job, the University of Northern Iowa Division of Athletic Training and Athletic Training Services recommend that all staff athletic trainers and student athletic training students receive this vaccine.



Athletic Training Student Class Absence Notification Form

Student Name _____
Team _____

Class _____

Instructor Name

Competitions:
Excused from:
Excused to:

Dear Instructor,

The University of Northern Iowa Athletic Training Program stresses to all students the importance of class attendance and participation. We expect our students to be present in all classes, unless they have the opportunity to travel with the team in which they are assigned to clinical experience. We expect our students to inform all instructors of absences prior to the date, and hold them responsible for assignments, tests, and any other class related obligations they may miss. They are made aware that it is their responsibility to make prior arrangements with each instructor for assignments missed these days. The students should discuss these absences with their instructors as soon as they are made aware of the traveling opportunity. If you have any questions or concerns, please feel free to contact me at 273-7493 or by email at tricia.schrage@uni.edu. We would like to do all we can to help with issues that may arise.

Thank you in advance for your cooperation with our students, and we appreciate all you do for students at the University of Northern Iowa.

Sincerely,

Dr. Tricia Schrage
Coordinator of Clinical Education
Athletic Training Program