The Evidence-Based Solution-Focused Approach: Practical Techniques

July 25 & 26, 2019
8:30 a.m. to 4 p.m. (registration begins at 8 a.m.)
Allen College: McBride Classroom, Winter Hall
1950 Heath Street, Waterloo, Iowa 50703

Objectives: Participants will be able to
• List at least two tenets of the evidence-based SF approach
• List at least two ways the evidence-based SF approach is different from other approaches
• Define a “yes set” and describe how it is useful
• Define a VIP question and describe how to utilize it with a court mandated or reluctant client
• Define a SF exception
• Define a SF exception
• Describe how to amplify and utilize an exception to create a sustainable solution
• Describe and demonstrate an evidence-based SF scaling technique
• Describe at least one way to actively engage youth in answering SF scaling questions
• Demonstrate the SF “Miracle” question
• Give an example of a SF “Best Hope” question
• Give an example of a SF “Difference” question
• Demonstrate a SF “Coping” question and describe how to utilize it with a client currently experiencing difficult life circumstances
• List at least one principle for utilizing the SF approach with a specific client population
• List at least two SF “Risk Assessment” questions
• Identify at least one principle for adapting the SF approach to comply with problem-focused legal requirements
• Describe the SF 60-Second Group Compliment Exercise

Cost: $150 ($75 - UnityPoint Health employee)

Register online at www.unitypoint.org/waterloo/classes-and-events. Space is limited.

Continuing Education Credit: NASW has determined this course meets the requirements for 6.0 hours of continuing education each day. Attendance to both days is required to receive credit.