

Appendix C

Name: _____

Students are required to complete all of the Exit Requirements prior to graduation. Verification of these activities will require students upload appropriate documentation into Tevera system and obtain signatures to verify participation and completion of each requirement.

Exit Requirement: Program Orientation

By submitting this form, you are verifying that you have participated in the UNI Counseling Program Orientation Meeting.

Exit Requirement: Personal Counseling

The UNI Counseling Program encourages all counselors-in-training to engage in on-going self-care and personal growth, and to address personal concerns as a part of being an ethical and professional counselor. By uploading this document, you are verifying that you have participated in a minimum of five (5) individual, couple, or family counseling sessions while enrolled in the program. Please include in the document: the dates of your sessions, your counselor's name and credentials, and the name and location of the practice. Please include your counselor's signature. We encourage you to do this early in the program; it is especially valuable to engage in counseling while you are taking COUN 5105 Counseling Skills.

Be aware that our program has a long standing relationship with the Counseling Center and students in the Clinical Mental Health Counseling Program may interview for COUN 6290 Practicum or COUN 6291 Internship at this site. Having been a client may cause a dual relationship and not make you suitable for the site, so this is an important issue to consider. Please speak with your advisor if you have questions.

Exit Requirement: Service or Advocacy Project

By submitting this form, you are verifying that you have participated in one service or advocacy-related project available within the UNI Counseling Program. Please provide a brief description of the project, your role, and what you learned from the experience. If the project was a specific event(s), please include the specific event title and date(s).

Exit Requirement: Diversity, Equity, and Inclusion Activities Summary

By submitting this form, you are verifying you have completed the series of activities and responses to reflection questions aimed to improve your culturally competent counseling skills. Plans will be created during COUN 6220 Group Counseling, reviewed and updated during COUN 6503 Wellness, Self-Care, and Brain-Based Strategies, and completed and submitted for final review during the last semester of enrollment in COUN 6291 Internship.

Exit Requirement: Group Counseling of Psychoeducation

By uploading this document, you are verifying that you have participated in a minimum of three (3) group experiences while enrolled in the program. Group experiences may be a specific series of group meetings or a combination of several types of group experiences such as 12-step, support, personal growth, or psychoeducation. Please include in the document: the dates of your sessions, the group leader's name and credentials (if applicable), the name and location of the organization or agency sponsoring the group, and the group leader's signature (facilitator, meeting chair). If you attend more than one type of group to fulfill this requirement, please include information for each experience.

Exit Requirement: Writing Center Workshop

By submitting this document, you are verifying that you have attended a writing workshop offered by The Learning Center or the graduate student writing consultant. Please include the name of the workshop, the date of the workshop, the name of the presenter, and the presenter's signature. If the workshop was offered through a UNI Counseling Program class, include the instructor's name and the class name in lieu of the presenter's signature.

Exit Requirement: Mandatory Reporter Training

By submitting this certificate, you are verifying that you have completed Iowa Mandatory Reporter of Abuse Training. This training must be complete prior to participation in practicum experiences and must be current during your enrollment in the UNI Counseling Program. If class expectations or assignments involve working with vulnerable populations prior to practicum, you may be asked to complete training sooner.

Exit Requirement: Professional Development Conference or Workshop

Throughout your career as counselors, you will need to engage in on-going professional development to stay current in knowledge and skills and to maintain credentials as a part of professional and ethical practice. Professional development opportunities also provide an understanding of the counseling profession and key issues that impact practice, a network among helping professionals, a way to provide leadership and advocacy for the counseling profession, and an understanding of counselors' roles and functions as members of interdisciplinary teams. By submitting this document, you are verifying that you have participated in the following 3 professional development opportunities described below. Please include the name of the workshop or conference, the date(s) and location of the event, and the signature of the sponsoring agent to verify your attendance.

1. You have attended a professional conference sponsored by an Iowa counseling organization

- Iowa School Counseling Association (ISCA)
- Iowa Mental Health Counseling Association (IMHCA)
- ACA of Iowa

Our goal is to support our state organizations through engagement, and you are strongly encouraged to select one of the above options. However, the faculty is supportive of involvement in professional counseling organizations at all levels (state, regional, national, international). In some instances, you may attend a professional conference sponsored by a regional, national, or international counseling organization (e.g. ASCA, AMHCA, ACA) as an alternative option for this requirement. If this is your plan, you must have approval of your advisor prior to attendance.

2. You have attended a UNI Counseling Program sponsored professional development workshop.

- Specifically, the UNI Counseling Program and the Allen College of Nursing have partnered to create a two-day workshop, the Residency of Integrated Behavioral Health Services, in which counseling and nursing students participate together in training sessions. The UNI Counseling Program expects students to participate in the residency typically scheduled during spring semester.

3. You have attended a UNI professional development workshop relevant to counseling professionals and approved by UNI Counseling Program faculty.

- Specifically, the UNI Counseling Program requires students to complete Mentors in Violence Prevention Training (MVP) offered through the UNI Center for Violence Prevention.

Exit Requirement: Research Paper and Poster Presentation

Each student is required to submit a research paper and to present a poster at the Upsilon Nu Iota Chapter of Chi Sigma Iota Counselor Education Research and Scholars Symposium. Completing this requirement demonstrates academic writing and professional presentation skills and the capacity to interpret and apply knowledge of academic research to counseling practice. The goal is to promote continued professional development as you enter the counseling field. To fulfill this requirement, complete the steps described below. By submitting this form, you are verifying that you have completed each step in consultation with your advisor.

1. Complete a research project including a literature review and plan for data gathering and interpretation in MEASRES 6205 Educational Research (e.g. action research, program evaluation).

2. Write a 150-word abstract briefly describing your research project, and have your advisor approve your project to meet this exit requirement.
3. Then edit your original draft and incorporate a summary of findings from the project. Submit the final document through eLearning as instructed by the counseling faculty.
4. Create a visual display of the main points of your work.
5. Participate in the formal poster presentation typically scheduled spring semester of your final year.

Exit Requirement: Counselor Preparation Comprehensive Exam (CPCE)

By submitting this form, you are verifying that you have completed the Counselor Preparation Comprehensive Exam (CPCE) typically administered the last term of the UNI Counseling Program. You will be asked to include exam results. Please do not submit this form until you have your results.