Advancing Trauma Understanding and Response in 2016: Restoring Hope in Complex Trauma: The Collaborative Change Model

Wednesday, June 1, & Thursday, June 2, 2016. 8:00 AM Check-in, 8:30 AM to 4:30PM
UNI Maucker Union Ballroom, Cedar Falls IA

Description: In this hands on, advanced practice two day conference, participants will gain an understanding of complex trauma and explore 1) how to harness the client’s natural cycles of change and utilize these cycles to interrupt the trauma cycle, 2) how to create a sense of safety, assess the client’s vulnerabilities and resilience, set goals, and work with denial, 3) create new pathways of communication, feeling, and thinking, and 4) consolidate treatment while preventing relapse. This conference will focus particularly on the importance of creating a culture of collaboration and reassurance in order to safeguard against any unintentional re-traumatization and secondary trauma exposure and stress.

Featured Instructor: Mary Jo Barrett, MSW, is the Executive Director and founder of The Center for Contextual Change, Ltd. She holds a MSW from the University of Illinois Jane Addams School of Social Work and is on the adjunct faculties of The Chicago Center For Family Health, The University of Chicago, School of Social Service Administration, and the Family Institute of Northwestern University.

REGISTRATION OPEN ($30/one day, $50/both days):
https://uni.co1.qualtrics.com/SE/?SID=SV_1LFv1jH3NWQ8Ycd
Or go to the UNI Social Work website: http://www.uni.edu/csbs/socialwork/

"Mary Jo Barrett is a marvelous presenter. She is clear, responsive, practical, integrative, hopeful, and collaborative. Her trauma approach is widely recognized as one of the finest evidence-based models out there. At the end of the day you’ll know what to do, why it works, and how to do it.” - Martha B. Straus, PhD, Clinical Psychologist, Professor, Antioch New England Graduate School

Ms. Barrett co-authored with Linda Stone Fish Treating Complex Trauma: A Relational Blueprint for Collaboration and Change and with Dr. Terry Trepper Incest: A Multiple Systems Perspective and The Systemic Treatment of Incest: A Therapeutic Handbook. She co-created the Collaborative Change Model, a highly successful contextual model of therapy used to transform the lives of those impacted by abuse and/or traumatic events. Her trainings and published works focus on family and couple violence, complex trauma, adult survivors of sexual abuse and trauma, veterans, couple therapy, Post Traumatic Stress Disorder, eating disorders and compassion fatigue.

Co-Sponsors: Orchard Place, Waterloo Community Schools Project AWARE Grant, Quaderdale, Heart and Solutions: A Strength Based Counseling Agency.

6.5 CEUs/ day. Parking tags provided to conference attendees at the W. 23rd Street garage entrance on the conference days. Agency instructors on record with our Field Program will have opportunities for a Lunch and Learn session either day.