UNIVERSITY OF NORTHERN IOWA

MULTICULTURAL COUNSELING IN GUATEMALA

COURSE LEADER CONTACT INFORMATION

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LAT 247

FINANCIAL AID & SCHOLARSHIPS

FINANCIAL AID
Please contact the UNI Financial Aid Office at 273-2700 regarding your eligibility for aid toward the cost of the program.

SCHOLARSHIPS
The General Study Abroad Scholarship and a variety of external funding options are available to those who qualify. For more information, visit the UNI Study Abroad website: studyabroad.uni.edu

IMPORTANT INFORMATION

1. Students are responsible for obtaining their own passports. All participants should have their passports in hand at the third pre-departure meeting.
2. Students must go to the Study Abroad Center to obtain an ISIC card that provides repatriation insurance in the case of health issues or death.
3. Participants must make arrangements with their insurance providers to have overseas medical and accident insurance.
4. Participants must make an appointment at the Student UNI Health Clinic, Covenant’s Occupational Health Service, or other medical health care professional to receive all immunizations needed to travel in Guatemala.

PROGRAM COST
Program costs, including airfare, room and board, tours, ground and air transportation and program fees will be approximately $1,600-$1,800 per student. (Tuition is paid separately) [Please see the Study Abroad Center website for an estimated budget sheet]

UNI STUDY ABROAD

ELIGIBILITY
Applicants must be GRADUATE students (Counseling, Psychology, Social Work, and Education) at UNI at the time of application, have departmental approval for participation, and have an overall G.P.A. of 3.0

APPLICATION PROCEDURES
A complete application will include the following:
- UNI Study Abroad Online Application
- $65 application fee
- Copy of passport
- Health Insurance Verification Letter

APPLICATION DEADLINES:
Contact Office of International Programs
28 Gilchrist Hall
Phone: (319) 273-6807
Summer Program: May 15-26, 2015
The group will be capped at 12-13.

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FIND OUT MORE

University of Northern Iowa

University of Northern Iowa
Do you want to experience firsthand the blend of indigenous and modern cultures in Central America? Do you want to put in practice true multicultural counseling skills by way of immersion? If your answer is yes, the Multicultural Counseling course is designed for you! The Multicultural Counseling course in Guatemala is designed for graduate students in counseling, psychology, social work, and education that have busy lives and cannot afford to be out of the U.S. for more than a couple of weeks. This course gives you the opportunity to explore the millenary Mayan culture of Guatemala reflected on the beauty of Lake Atitlán located in the highland’s region of Panajachel. This course offers the opportunity to travel on boat and visit the surrounding towns of Lake Atitlán (e.g., Santiago de Atitlán, San Marcos de la Laguna, San Lucas de Tolimán, Santa Cruz and Jaibalito, San Pedro de la Laguna).

Guatemala is a country located in Central America. The term Guatemala means “land of trees,” which is fitting for its mountainous and forested terrain. One thousand years ago, Guatemala is where the Mayan Civilization flourished, leaving many ruins which are still there today. Guatemala is the home of Lake Atitlán, which is the deepest lake in Central America as well as home to many Mayan people. It is said to be one of the most beautiful lakes in the world. Located on the northeast shore of Lake Atitlán is the town of Panajachel, which is in the Guatemalan highlands. The city of Antigua is located in the central highlands and is well known for its well preserved Spanish Baroque remains as well as the remains of many colonial churches.

Also, COUN 6256 allows participants to experience the historical and original capital of Guatemala, Antigua city. Antigua is the perfect blend of the Spanish-European influence with the indigenous customs. Students will have the opportunity to learn basic Spanish concepts from a cultural and psychological standpoint to be applied during some immersion exercises as well as International Service Learning activities in the form of workshops for local students, teachers, and human service providers.

### COURSE GOALS

1. **Encourage the respect toward others who differ in ethnicity, religion, race, political views, beliefs, ideology, and worldviews.**

2. **Encourage self-exploration and challenge one’s cultural filters in an international context.**

3. **Demonstrate a general command of multiple approaches and ways to assist a diverse clientele.**

### EXAMPLE ITINERARY

**Day 1:** Travel to Panajachel  
**Day 2:** Boat ride to Atitlan  
**Day 3:** Boat ride to San Lucas Toliman  
**Day 4:** Boat ride to Santa Cruz and Jaibalito  
**Day 5:** Tour Atitlan Nature Reserve  
**Day 6:** Tour Panajachel & Boat Ride to Marcos & San Pedro  
**Day 7:** Service Learning  
**Day 8:** Service Learning  
**Day 9:** Travel to Antigua City  
**Day 10:** Leisure in Antigua  
**Day 11:** Leisure in Antigua  
**Day 12:** Travel to United States.