University of Northern Iowa
School of Applied Human Sciences
Major in Gerontology: Social Sciences
Catalog 2014-2016

The Gerontology major requires a minimum of 120 total hours to graduate. This total includes Liberal Arts Core requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours. Liberal Arts Core courses included in major program requirements are distinguished by *italics*. It is suggested students take PSYCH 1001, SW 1041, and SOC 1000 as their Social Sciences area Liberal Arts Core, as these are prerequisites for several of the required courses in this major. This interdisciplinary program is offered jointly by the College of Social and Behavioral Science, the College of Education, and the College of Humanities of Fine Arts. It is administered through the School of Applied Human Sciences and under the supervision of the Gerontology Advising Committee.

REQUIRED COURSES - SOCIAL SCIENCES TRACK

Gerontology Core Courses (Must take all 3)  9 hrs
FAM SERV 3150/FAM SERV 5150 Families and Aging (FAM SERV 1020; FAM SERV 1055 or PSYCH 2202; junior standing; a minimum of a C in any prerequisite)
PSYCH 3204/PSYCH 5204 Psychology of Aging (PSYCH 1001; junior standing)
SOC 3035/SOC 5035 Social Gerontology (SOC 1000; junior standing)

Research Methods courses (Choose one)  3-4 hrs
FAM SERV 1030 Research Methods in Family Science
LYHS 4070/LYHS 5070 Research and Evaluation in Leisure, Youth and Human Services (LYHS 3060; junior standing)
PSYCH 3002 Research Methods (PSYCH 1001; must be a declared Psychology major or minor by the starting date of course)
SOC 2010 Research Methods (SOC 1000)

Families and Aging Courses (Choose one)  3 hrs
FAM SERV 2077 Management of Family Resources (sophomore standing)
FAM SERV 4153/FAM SERV 5153 Family Relationships in Crisis (FAM SERV 1020; 3 hours social science research methods; junior standing; a minimum of a C in any prerequisite.)
FAM SERV 3162/FAM SERV 5162 Issues in Family Policy (FAM SERV 1020; junior standing; a minimum of a C in any prerequisite course)
FAM SERV/GERO 3161/5161 Families, Alzheimer’s & Related Dementias (junior standing)

Development Courses (Choose one)  3 hrs
FAM SERV 1055 Human Growth and Development (PSYCH 1001; a minimum of a C in any prerequisite course)
PSYCH 2202 Developmental Psychology (PSYCH 1001)

Ethics Courses (Choose one)  3 hrs
COMM 4236 Ethics in Communication (Junior standing) [Same as CAP 3128] -counts for Capstone
PHIL 3500 Ethics (one philosophy course and sophomore standing, or consent of instructor)
RELS 3110 Perspectives on Death and Dying (junior standing) [Same as PHIL 3110 and CAP 3194] -counts for Capstone
RELS 3510 Bio-Medical Ethics (junior standing) [Same as PHIL 3510 and CAP 3173] -counts for Capstone
FAM SERV 2111/GERO 2111 Families and End of Life Issues (sophomore standing)
Gerontology Elective Courses  (Choose three)  9 hrs

ANTH 3102/ANTH 5102 Culture, Disease, and Healing (SOC 100 or ANTH 1002; junior standing) [Same as SOC 3102/5102]

ANTH 3202/ANTH 5202 Human Biological Variation (ANTH 1001; junior standing)

COMM 4116/COMM 5116 Health Communication (junior standing)

CSD 1000 Understanding Communication Disorders

HPE 4353/HPE 5353 Public Health Theory and Application (junior standing)

INTDSGN 3129 Interior Design Standards

RELS 3110 Perspectives on Death and Dying (junior standing) [Same as PHIL 3110 and CAP 3194]

SW 4173/SW 5173 Social Services for Older Adults (SW 1041; junior standing)

SOC 3065/SOC 5065 Health, Illness, and Dying (SOC 1000; junior standing)

FAM SERV/GERO 3161/5161 Families, Alzheimer’s & Related Dementias (junior standing)

INTERNSHIP

GERO 4193 Internship Seminar, Gerontology (co-requisite GERO 4195 (1 hr.)

GERO 4195, Section 1 Internship in Gerontology – Social Sciences track (prerequisite or corequisite: GERO 4193) (3 hrs.)

TOTAL HOURS FOR SOCIAL SCIENCES TRACK  34-35 Hrs.**

TOTAL HOURS FOR LIBERAL ARTS CORE  47

TOTAL HOURS FOR UNIVERSITY ELECTIVES  39

TOTAL HOURS FOR BACHELOR OF ARTS IN GERONTOLOGY  120

**Due to prerequisites for courses, the total number of credit hours required to complete this major may be 40-41.

Advising Notes

Liberal Arts Core: ANTH 100 satisfies Category 4A; SOC 1000 will satisfy Category 5A; PSYCH 1001 satisfies Category 5B; and SW 1041 will satisfy Category 5C.

Students should check with the department each semester in order to be certain this worksheet corresponds to the program requirements in effect when they declare their major. This worksheet is for advising purposes only. It does not replace or supersede the information provided in the UNI Catalog or the Schedule of Classes.

For further information contact:

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School of Applied Human Sciences
GERONTOLOGY: SOCIAL SCIENCES COURSEWORK

The following will help clarify what is generally included in the curriculum completed by Gerontology: Social Sciences majors.

FAM SERV 1020 Family Relationships: Understanding contemporary families as they exist in their cultural context. Exploration of how families change and adapt to normative and non-normative challenges. Application of family theory and current research in order to understand family dynamics.

FAM SERV 1030 Research Methods in Family Science: Introduction to basic research methods used in family science. Quantitative and qualitative research designs, ethical considerations, and evaluating research results. Development of hypotheses based on current research and choice of appropriate methodologies to address them.

FAM SERV 1055 Human Growth and Development: Examination of theory and research contributing to our understanding of how biological, psychological, and social influences shape inter-individual differences and intra-individual change across the life span. (Prerequisite(s): (PSYCH 1001; a minimum of a C in any prerequisite course.)

FAM SERV 1057 Human Relationships and Sexuality: Human sexuality as an integration of biological, psychological, and social factors. Topics include developing healthy relationships, sexual orientation, love, sexuality education, sexual decision making, and challenges of sexual health and functioning.

FAM SERV 2077 Management of Family Resources: Exploration of the management of human and economic resources available to individuals and families through the lifespan from a family science perspective. Emphasis on financial, time, and work/family issues. (Prerequisite(s): sophomore standing.)

FAM SERV 2111/GERO 2111 Families and End of Life Issues: Overview of individual, familial, social, and cultural aspects of death, dying, and the bereavement process. Topics include final planning, palliative care, funeral rituals, and grief. (Prerequisite(s): sophomore standing.)

FAM SERV 3150/FAM SERV 5150 Families and Aging: Identification of challenges and normative transitions associated with aging families. Application of developmental and family theories to tasks of adulthood and aging. (Prerequisite(s): FAM SERV 1020; (FAM SERV 1055 or PSCH 2202; junior standing; a minimum of a C in any prerequisite.)

GERO 3161/GERO 5161 Families, Alzheimer’s & Related Dementias: Exploration of issues pertaining to Alzheimer’s Disease and related dementia. Examination of challenges associated with memory disorders. Strategies for supporting affected individuals and families. (Same as FAM SERV 3161/5161)

FAM SERV 3162/FAM SERV 5162 Issues in Family Policy: Exploration of legal issues, policies, and laws influencing the well-being of families, and the roles family professionals can play in influencing and informing policy at the local, state, and federal levels. (Prerequisite(s): FAM SERV 1020; junior standing; a minimum of a C in any prerequisite course.)

FAM SERV 4153/5153 (31F:153g). Family Relationships in Crisis — 3 hrs. Family dynamics in crisis situations; review and application of the theoretical and empirical research about the effects of stress and crises on individuals and families, including intervention and policy implications. Prerequisite(s): FAM SERV 1020 (31F:020); 3 hours social science research methods; minimum grade of C in all prerequisite courses; junior standing. (Variable)

GERO 4193 Internship Seminar: Process seminar to focus on and maximize student learning from their internship experiences and aid in their development of professional practices. May be repeated for maximum of 2 hours. (Corequisite(s): GERO 4195 or HPE 4768 or SOC 3100/SOC 5100. [Same as (HPE 3693)]

GERO 4195 Internship in Gerontology: Supervised experience in approved work situation. Transfer students must complete one full semester in residence before being approved for internship. Sec. 1 Social Sciences track – 3 hrs. (Prerequisite(s) or corequisite(s): GERO 4193. Sec. 2 Long Term Care track – 1-12 hrs. May be repeated for maximum of 12 hours. (Corequisite(s): GERO 4193)

RELATED COURSEWORK

ANTH 1001 Human Origins: Introduction to physical and prehistoric development of humankind, including primate and human evolution, modern races, and the archaeological cultures of the world.
ANTH 3102/5102 (990:168g). **Culture, Disease, and Healing** — 3 hrs. Introduction to medical anthropology through examination of the interactions among culture, disease, and healing. Emphasis on non-Western medical systems. Topics include development of medical anthropology; the social fabric of health; the cultural context of health, illness, and disease. Prerequisite(s): SOC 1000 (980:001) or ANTH 1002 (990:011); junior standing. (Same as SOC 3102/5102 (980:168g))(Variable)

ANTH 3202/ANTH 5202 **Human Biological Variation**: Exploration of the processes and origins of human biological variability, adaptability, and responses to a changing environment. (Prerequisite(s): ANTH 1001; junior standing.)

CAP 3173 **Bio-Medical Ethics** Application of principles and analytic methods of ethical theory to contemporary issues in medical practice and research. Topics include fundamental concepts of health and disease, life and death; rights and obligations of medical practitioners and their patients; informed consent and confidentiality; abortion and euthanasia; reproductive and transplantation technologies; and health policy and the provision and rationing of health care. (Prerequisite(s): junior standing.) [Same as RELS 3510 and PHIL 3510]

CAP 3194 **Perspectives on Death and Dying**: Multidisciplinary study of death, dying, and bereavement across cultures, religious and ethnic groups, and historical periods, with attention to ritual and memoir, ethical dilemmas at the end of life, and psychology of mourning. (Prerequisite(s): junior standing.) [Same as RELS 3110 and PHIL 3110]

COMM 4116/5116 (48C:138g). **Health Communication** — 3 hrs. Theories of communication in health care settings, current issues in health communication, types of applications in interpersonal, organizational, and public communication contexts; literature and performance methods in health education. Prerequisite(s): junior standing. (Odd Springs)

COMM 4236 (48C:128). **Ethics in Communication** — 3 hrs. Exploration of ethical dimensions and dilemmas in communication. Prerequisite(s): junior standing. (Same as CAP 3128 (CAP:128))(Spring)

CSD 1000 **Understanding Communication Disorders** Provides a general understanding of normal and disordered speech, language, and hearing in adults and children. Covers normal development of communication behavior, the nature of communication disorders, and how speech language pathology and audiology interact with allied fields (e.g., education, medicine, psychology, and special education).

HISUS 4265/HISUS 5265 **Society and Culture in the United States**: Description and analysis of the development of and changes in community, family social stratification, nature of reform, morality, uses of leisure time, and attitudes toward science and religion in 19th and 20th centuries. (Prerequisite(s): junior standing.)

HPE 4125/HPE 5125 **Aging and Health**: Introduction to basic aging and health concerns of older individuals, and to broader issues of aging, health, and society. Study of aging demographics, biomedical aspects of aging, and selected issues of health and aging. (Prerequisite(s): junior standing)

HPE 4353/5353 (410:153g). **Public Health Theory and Application** — 3 hrs. Selected learning and behavior change theories and ethical principles that serve as the foundation for effective public health, health promotion, and health education practice; emphasis on the practical application of these theories and principles in public health program delivery. Prerequisite(s): junior standing. (Fall, Spring)

HPE 4768 **Field Experience in Health Promotion**: Experience in area of student’s career objectives. Offered on credit/no credit basis only. (Prerequisite(s): senior standing; consent of Division of Health Promotion and Education Coordinator of Student Field Experiences.

INTDSGN 3129 (31I:129). **Interior Design Standards** — 2 hrs. Standards set by the profession for entry-level positions in Interior Design. (Spring)

LYHS 2010 **Introduction to Leisure, Youth and Human Services**: Introduction to leisure, youth and human services profession. Examination of the components of LYHS delivery systems, focusing on programs and services, facilities, populations served, and sources of funding. Field trips required.

LYHS 2020 **Leadership in Leisure, Youth and Human Services**: Theories, principles, and practices of leisure, youth and human services leadership; techniques and methods of working with individuals and groups.
LYHS 3060 Programming for Leisure, Youth and Human Services: Introduction to methods and procedures for planning, budgeting, implementing, and evaluating leisure, youth and human service programs. (Prerequisite(s): (LYHS 2010; LYHS 2020; or written consent of instructor.)

LYHS 4070/LYHS 5070 Research and Evaluation in Leisure, Youth and Human Services: Introduction to research, evaluation, needs assessment concepts, procedures, and analyses in leisure, youth and human serviced. (Prerequisite(s): LYHS 3060; junior standing.)

PHIL 2010 Reasoning About Moral Problems: Introduction to critical thinking and writing about moral and social problems. Topics may include hunger, economics justice, anti-Semitism, sexism, animal rights, affirmative action, abortion, and homosexuality.

PHIL 3110 Perspectives on Death and Dying: Multidisciplinary study of death, dying, and bereavement across cultures, religious and ethnic groups, and historical periods, with attention to ritual and memoir, ethical dilemmas at the end of life, and psychology of mourning. (Prerequisite(s): junior standing.) [Same as RELS 3110 and CAP 3194]

PHIL 3500 Ethics: Study of the major school of ethical theory through reading major thinkers and their contemporary commentators. Examination of selected theoretical and practical problems in contemporary ethics. Prerequisite(s): one philosophy course and sophomore standing, or consent of instructor.

PHIL 3510 Bio-Medical Ethics Application of principles and analytic methods of ethical theory to contemporary issues in medical practice and research. Topics include fundamental concepts of health and disease, life and death; rights and obligations of medical practitioners and their patients; informed consent and confidentiality; abortion and euthanasia; reproductive and transplantation technologies; and health policy and the provision and rationing of health care. (Prerequisite(s): junior standing.) [Same as RELS 3510 and CAP 3173]

PSYCH 1001 Introduction to Psychology: Survey of basic principles in psychology. Course requires participation in psychological research; or an alternative acceptable to both students and the department which provides a similar educational experience.

PSYCH 3002 Research Methods: Introduction to fundamentals of psychological inquiry. Emphasis on experimental research but all major approaches (correlational, field, clinical, phenomenological) considered. (Prerequisite(s): PSYCH 1001; must be a declared Psychology major or minor by the starting date of the course.)

PSYCH 2202 (400:120). Developmental Psychology — 3 hrs. Contemporary and historical theories of human development throughout the lifespan; description of cognitive, emotional, social, and physical changes over time. Prerequisite(s): PSYCH 1001 (400:001). (Fall, Spring)

PSYCH 3204/PSYCH 5204 Psychology of Aging: Analysis of the factors affecting adult development and aging. Emphasis on physiological, cognitive, sensory, personality, and interpersonal changes occurring with age. (Prerequisite(s): PSYCH 1001; junior standing.)

RELS 3110 Perspectives on Death and Dying: Multidisciplinary study of death, dying, and bereavement across cultures, religious and ethnic groups, and historical periods, with attention to ritual and memoir, ethical dilemmas at the end of life, and psychology of mourning. (Prerequisite(s): junior standing.) [Same as PHIL 3110 and CAP 3194]

RELS 3510 Bio-Medical Ethics Application of principles and analytic methods of ethical theory to contemporary issues in medical practice and research. Topics include fundamental concepts of health and disease, life and death; rights and obligations of medical practitioners and their patients; informed consent and confidentiality; abortion and euthanasia; reproductive and transplantation technologies; and health policy and the provision and rationing of health care. (Prerequisite(s): junior standing.) [Same as PHIL 3510 and CAP 3173]

SOC 1000 Introduction to Sociology: Scientific approach to analysis and understanding of culture, human groups and institutions, personality, self, and social control.

SOC 2010 Research Methods: Introduction to basic research methods used in social research. Conceptualization and operationalization of research problems. Examination of various research designs used to collect data. Introduction to sampling, instrumentation, data processing, data analysis, and report production. Priority to Sociology and Criminology majors and minors. (Prerequisite(s): SOC 1000.)

SOC 3035/SOC 5035 Social Gerontology: Personal, interpersonal, and societal factors in the human aging process; emphasis on family, community, and governmental responsibility in defining and resolving problems of the aged in modern industrial society. (Prerequisite(s): SOC 1000; junior standing.)
SOC 3065/SOC 5065 **Health, Illness, and Dying**: Focus on the social organization of health care and the social psychological aspects of health, illness, and dying. Analyses of the social construction and distribution of illness, the structure of care, and the experience of health, illness, and dying. (Prerequisite(s): SOC 1000; junior standing.)

SOC 3100/SOC 5100 **Theory and Practice in Applied Settings**: Experiential learning in sociology. Requires prior consultation with instructor. Offered on credit/no credit basis only. (Prerequisite(s): 12 hours in sociology; junior standing; consent of instructor and department head.)

SW 1041 **Social Welfare: A World View**: Comparative study of social welfare (social insurance, public welfare, charity and philanthropy, social services, and mutual aid) in the United States, and selected nations from five regions of the world as defined by the International Congress of Schools of Social Work (African, Asian, European, Latin American, and North American regions). [Same as SOC SCI 1041]

SW 4173/SW 5173 **Social Services for the Aged**: Social work practice and methods of delivering social service to the aged; critical analysis of current social programs, services, and legislation for the elderly person. (Prerequisite(s): SW 1041; junior standing.)