COUNSELING PROGRAM EXIT REQUIREMENTS

REQUIREMENT 1: SERVICE OR ADVOCACY REQUIREMENT
Participate in one service or advocacy-related project available within the program.

Date:_________________ Signature of Faculty Member: ______________________________

REQUIREMENT 2: PERSONAL COUNSELING
A minimum of five (5) individual, couple, or family counseling sessions are recommended. We encourage you to do this early in the program; it is especially valuable to engage in counseling while you are taking COUN 5105 Counseling Skills. Counseling at the UNI Counseling Center is free. If you go there be aware that our program has a long standing relationship with the Counseling Center and students in the Clinical Mental Health Counseling Program may interview for COUN 6290 Practicum or COUN 6291 Internship at this site. Having been a client may cause a duel relationship and not make you suitable for the site, so an important issue to consider. Please speak with your adviser if you have questions.

Dates of Visits: ____________ ____________ ____________ ____________ ____________

Signature of Counselor: _________________________ Place of Employment: _________________________

REQUIREMENT 3: GROUP COUNSELING
Attended a combination and minimum of three (3) group experiences: 12-step groups, support, self-help, personal growth, psychoeducational, or a combination of the previous group sessions.

Dates: ___________________________ ___________________________ ___________________________

Signature of Group Leader(s):

________________________________________

________________________________________

________________________________________

Names of Agency Sponsoring the Group:

________________________________________

________________________________________
NON-TEACHERS seeking an Iowa School Counseling Professional Service License are required to take an undergraduate course in working with diverse learning students, this includes both gifted and talented as well as special education students. The UNI course that satisfies the requirement is SPED 1350 Meeting the Needs of Diverse Learners (2 credits).

Work with your adviser, you may take a different course or may have already taken this content as an undergraduate student. List below the course you are taking to meet this requirement for your Iowa license. These credits are NOT related to your degree, but your Iowa School Counseling license. Please attach a copy of proof for this course with the exit requirements when submitted.

REQUIREMENT 4: PROFESSIONAL DEVELOPMENT CONFERENCE OR WORKSHOP
Attended ISCA (Iowa School Counseling Association) OR IMHCA (Iowa Mental Health Counseling Association) (Circle one)

If the student chooses to attend ASCA, AMHCA or ACA, will need faculty advisor’s approval as a waiver.

Sponsoring Agent: ________________________________________________________________

Verification of Attendance (signature of the sponsor or designee):
_________________________________________ Date: ________________________________

REQUIREMENT 5: DIVERSITY
The diversity plan assigned in the multicultural class will be processed and discussed in internship (attach copy of Diversity Plan).

Date_________________ Signature of Faculty Member: _______________________________________

REQUIREMENT 6: PROGRAM ORIENTATION
Attend Program Orientation
Date_________________ Signature of Faculty Member: _______________________________________

REQUIREMENT 7: ABUSE REPORTING SEMINAR
Attend Abuse Reporting Seminar (attach copy of certificate).

REQUIREMENT 8: COUNSELOR PREPARATION COMPREHENSION EXAMINATION (CPCE)
Date:_________________
Passed Exam: _____ Yes  _____ No
Attempts:  ___1 ___2  ___Remediation option after 2 failed attempts

REQUIREMENT 9: SUCCESSFUL COMPLETION OF THE RESEARCH PAPER

Upsilon Nu Iota Chapter of Chi Sigma Iota
Counselor Education Research and Scholars Symposium
Poster Presentation Requirements
The graduation requirement is to promote continued professional development as you enter the counseling field. First, you must pick a topic for exploration. **You may use a topic/paper from a class you previously took or pick a new topic.** This project will consist of completing three components all to be in APA format:

1. Write a 150 word abstract which briefly describes your topic
2. A visual poster displaying the main points of your work
3. In APA format a 5 to 15-page paper

There will be a formal presentation once a year during the spring semester. Copy of the paper will be submitted to the Counseling Program secretary in Latham Hall 235 (only Fall 2015 Cohort will upload their paper to eLearning). Graduating students are encouraged to meet with their advisors to discuss their topics and plans to meet these expectations.

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